

PISTE BOB, PARABOB, SKELETON, SLITTINO: ASPETTI COSTRUTTIVI, OTTOBRE 2022

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BOB



SKELETON



LUGE





MATT WESTON, YANQING



The Jamaican bobsled team New Sled



FEDERAZIONE IBSF

office@ibsf.org



X BOB E SKELETON

- INTERNATIONAL BOBSLEIGH RULES 2021
- INTERNATIONAL SKELETON RULES 2021
- INTERNATIONAL WOMEN MONOBOB RULES 2021
- TRACK RULES

FEDERAZIONE FIL

office@fil-luge.org



X LUGE

- INTERNATIONAL LUGE REGULATION FOR ARTIFICIAL TRACK, 2020

OUTLOOK

1. TRACKS

2. COSTRUZIONE

3. SHOTCRETE

4. FIBRE NATURALI

5. GELO-DISGELO

6. REFRIGERANTI NATURALI (AMMONIACA, ACQUA)

7. LUGE DYNAMICS

17 PISTE OLIMPICHE + CORTINA



LE 17 PISTE OLIMPICHE IBSF



 **Altenberg**
GERMANY 1413 m



 **Calgary**
CANADA 1456 m



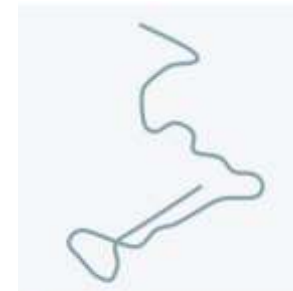
 **Innsbruck**
AUSTRIA 1478 m



 **Königssee**
GERMANY 1675.6 m



 **La Plagne**
FRANCE 1707.9 m



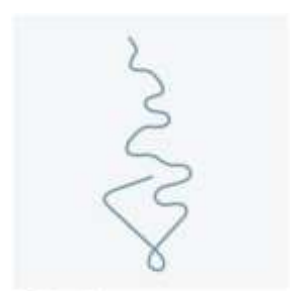
 **Lake Placid**
UNITED STATES 1007 m



 **Lillehammer**
NORWAY 1210 m



 **Nagano**
JAPAN 1100 m



 **Oberhof**
GERMANY 1394.50 m



 **Park City**
UNITED STATES 1070 m



 **Pyeongchang**
SOUTH KOREA 1608 m



 **Sigulda**
LATVIA 1420 m



 **Sochi**
RUSSIA 1014 m



 **St. Moritz**
SWITZERLAND 1962 m



 **Whistler**
CANADA 1100 m



 **Winterberg**
GERMANY 1330 m



 **Yanqing**
CHINA 1175 m

CORTINA

WHISTLER VANCOUVER 2010



WHISTLER SLIDING CENTER CANADA 2010



Country:	Canada
Track name:	Whistler Sliding Centre
GMT:	-8
WCH's years:	2019 WCH
OWG's years:	2010 OWG
Total length:	1700 m
Competition length:	1450.4 m
Start altitude:	935 m
Finish altitude:	802 m
Maximum gradient:	20.00 %
Average gradient:	9.00 %
Vertical drop:	148.00 m
Number of curves:	16

SOCHI RUSSIA 2014



SANKI SLIDING CENTER RUSSIA 2014



Country:	Russia
Track name:	Sanki Sliding Center
GMT:	+3
WCH's years:	2017 WCH
OWG's years:	2014 OWG
Total length:	1814 m
Competition length:	1500 m
Start altitude:	836 m
Finish altitude:	704 m
Maximum gradient:	22.00 %
Average gradient:	20.00 %
Vertical drop:	124.00 m
Number of curves:	17

PYEONGCHANG KOREA 2018



ALPENSIA SLIDING CENTER KOREA 2018



Country:	South Korea
Track name:	Alpensia Sliding Centre
GMT:	+9
OWG's years:	2018 OWG
Total length:	1659 m
Competition length:	1376 m
Start altitude:	930 m
Finish altitude:	850 m
Maximum gradient:	25.00 %
Average gradient:	9.48 %
Vertical drop:	117.00 m
Number of curves:	16

YANQING CHINA 2022



CHINA YANQING 2022 BASELINE WITH 360 DEGREES TURN



RMAX 30M

RETTILINEO, CLOTOIDE, CERCHIO, CLOTOIDE, RETTILINEO

Country:	China
Track name:	Yanqing National Sliding Center
GMT:	+8
WCH's years:	-
OWG's years:	Olympic Winter Games Beijing 2022 to come
Total length:	1975m
Competition length:	1615m
Start altitude:	1019 m
Finish altitude:	912 m
Maximum gradient:	18.00 %
Average gradient:	6.00 %
Vertical drop:	121.00 m
Number of curves:	16

YANQING
NATIONAL SLIDING
CENTER 2022G



YANQING SLIDING CENTER AND VILLAGE





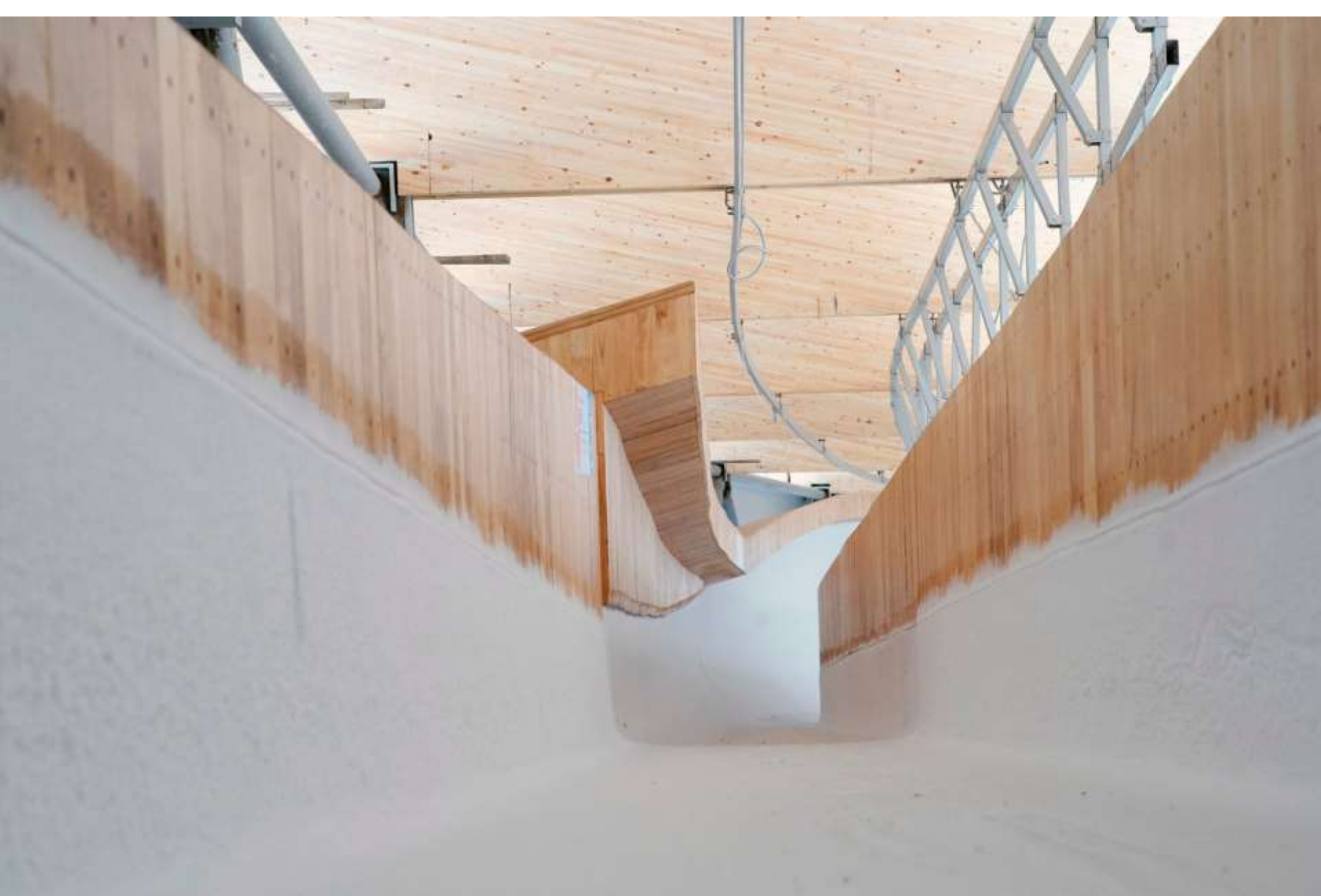
NATHAN CRAMPTON

LADIES START YANQING



YANQING 2022 GEOTECHNICA, SHOTBETON





YANQING NATIONAL SLIDING CENTER, LI XINGGANG ARCH., L. 1975 M







YANQING SEMPRE INNEVAMENTO ARTIFICIALE





YANQING BOBSLEIGH 4 MEN



THE BIRD'S NEST NATIONAL STADIUM CHINA
HERZOG & DE MEURON LI XINGGANG





There are 17 banked turns on the Sanki Sliding Center. The target ice thickness is 2 cm to 4 cm (0.8 in. to 1.5 in.).



CORTINA 2026 N. 18

CORTINA 1966

dal 24 - 1 al 6 - 2 - 1966

**CAMPIONATI MONDIALI DI BOB
CHAMPIONNATS DU MONDE DE BOB**

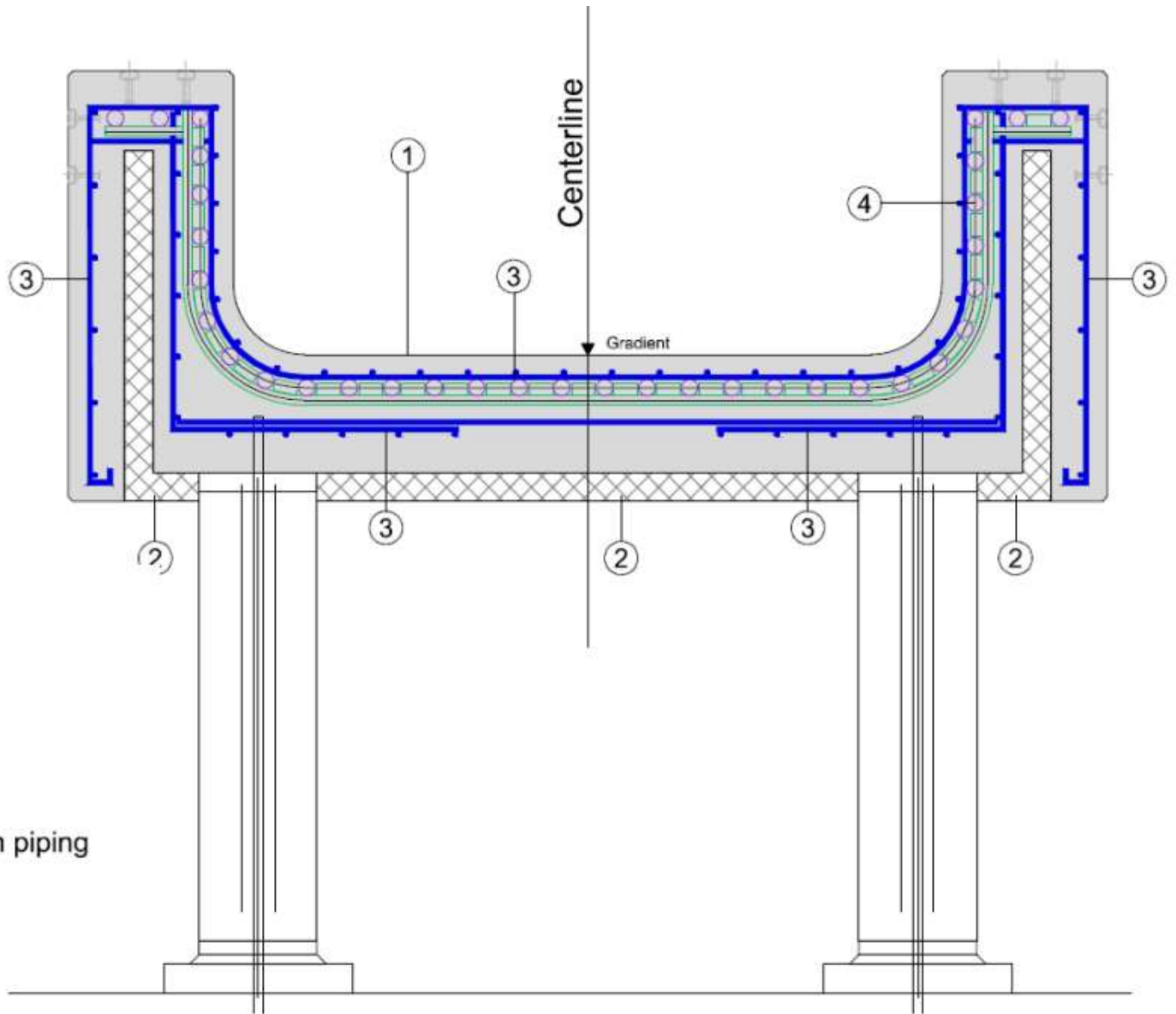
**WORLD BOB CHAMPIONSHIPS
BOB WELTMEISTERSCHAFTEN**

BOB A QUATTRO



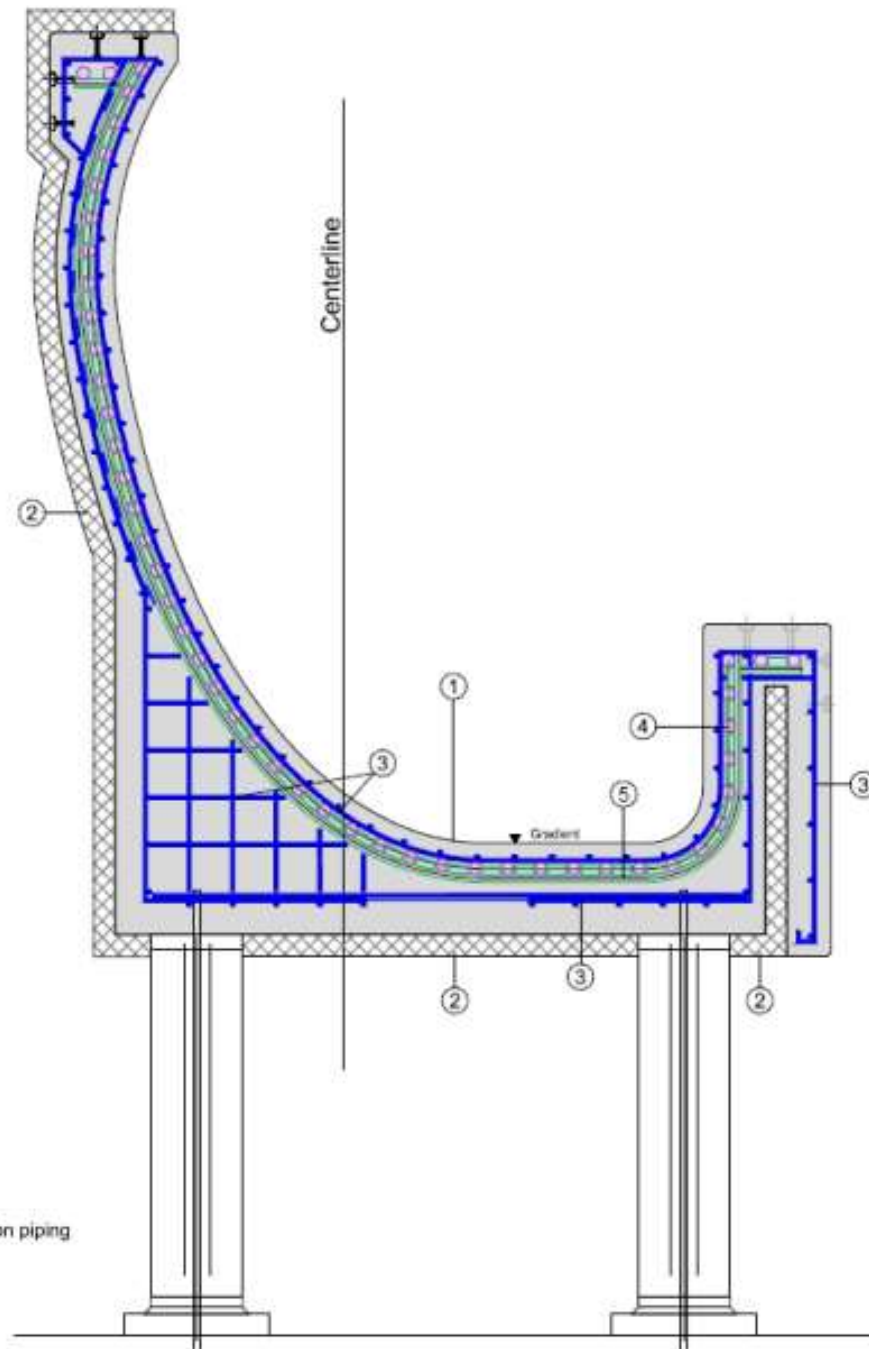
EUGENIO MONTI E RENZO ALVERA' 1956





Legend:

- ① - Track
- ② - Insulation
- ③ - Rebars
- ④ - Refrigeration piping
- ⑤ - Jig









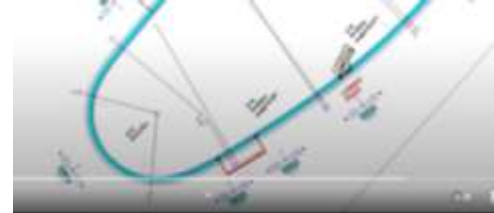
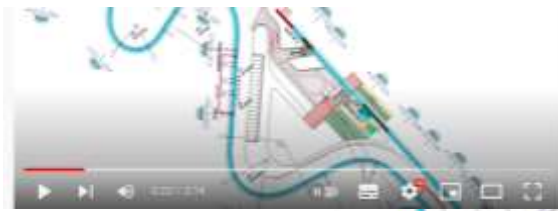
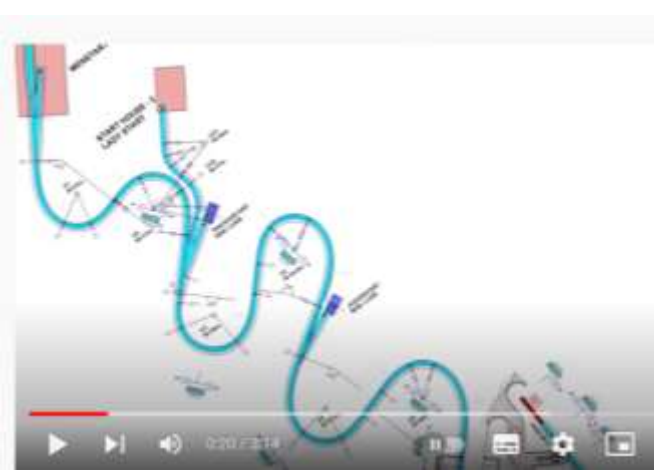
YANQING CENTER
NATIONAL
SNOWMOBILE

ICE MAKERS

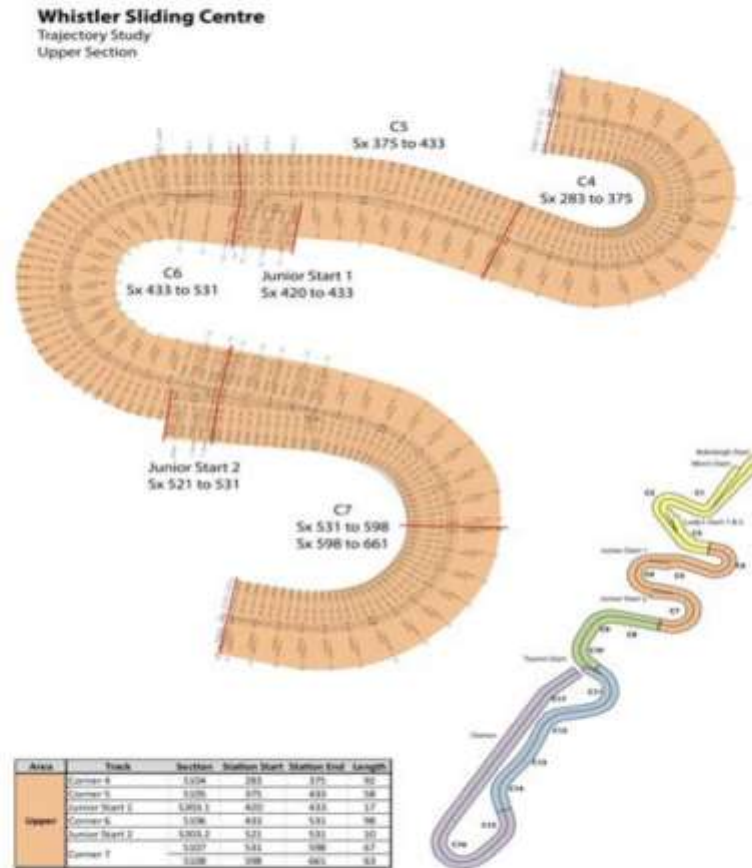
16 INTERNATIONAL

20 CHINESE

**COSTRUZIONE
RETTILINEO
CLOTOIDE
CERCHIO
CLOTOIDE
RETTILINEO**



WHISTLER SLIDING CENTER CONSTRUCTION DETAILS



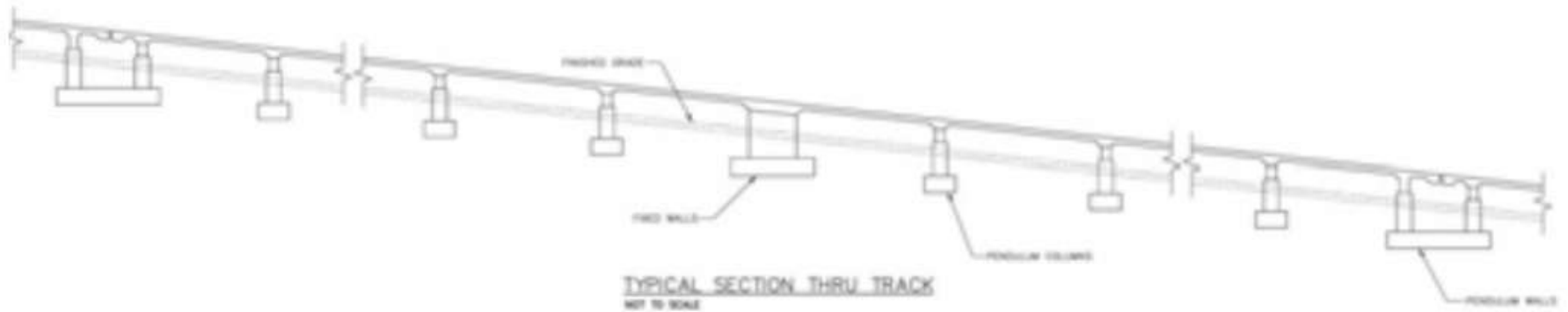


Figure 4.4 Typical section through the track (from Stantec Architecture Ltd. Drawing A0-17.031-26).

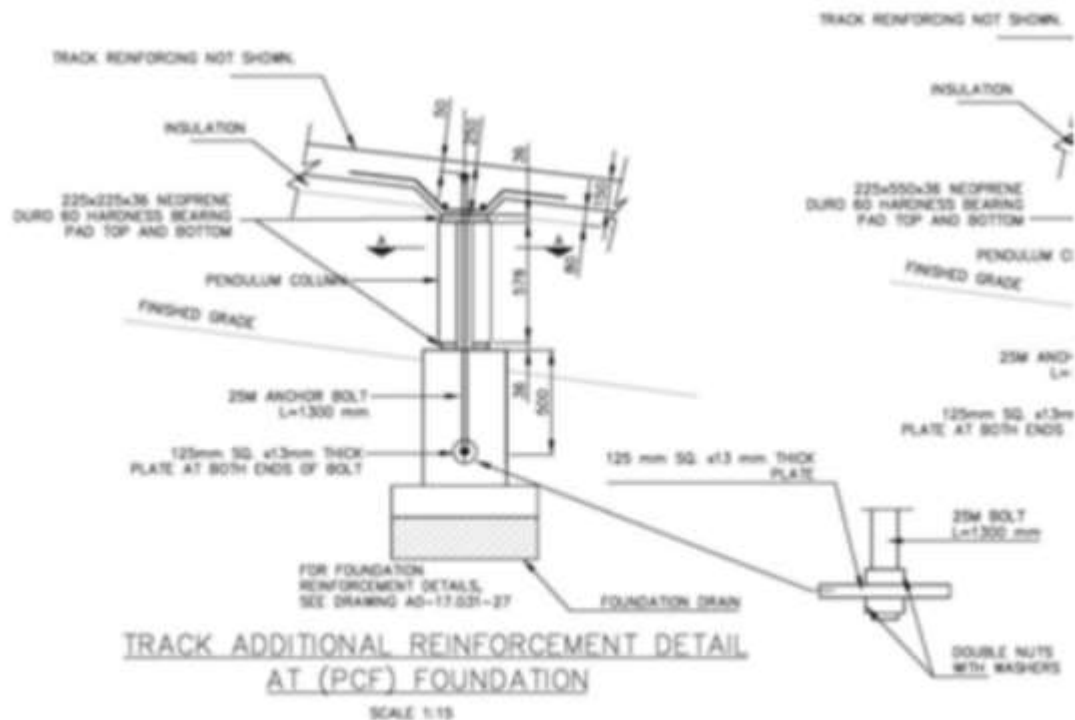


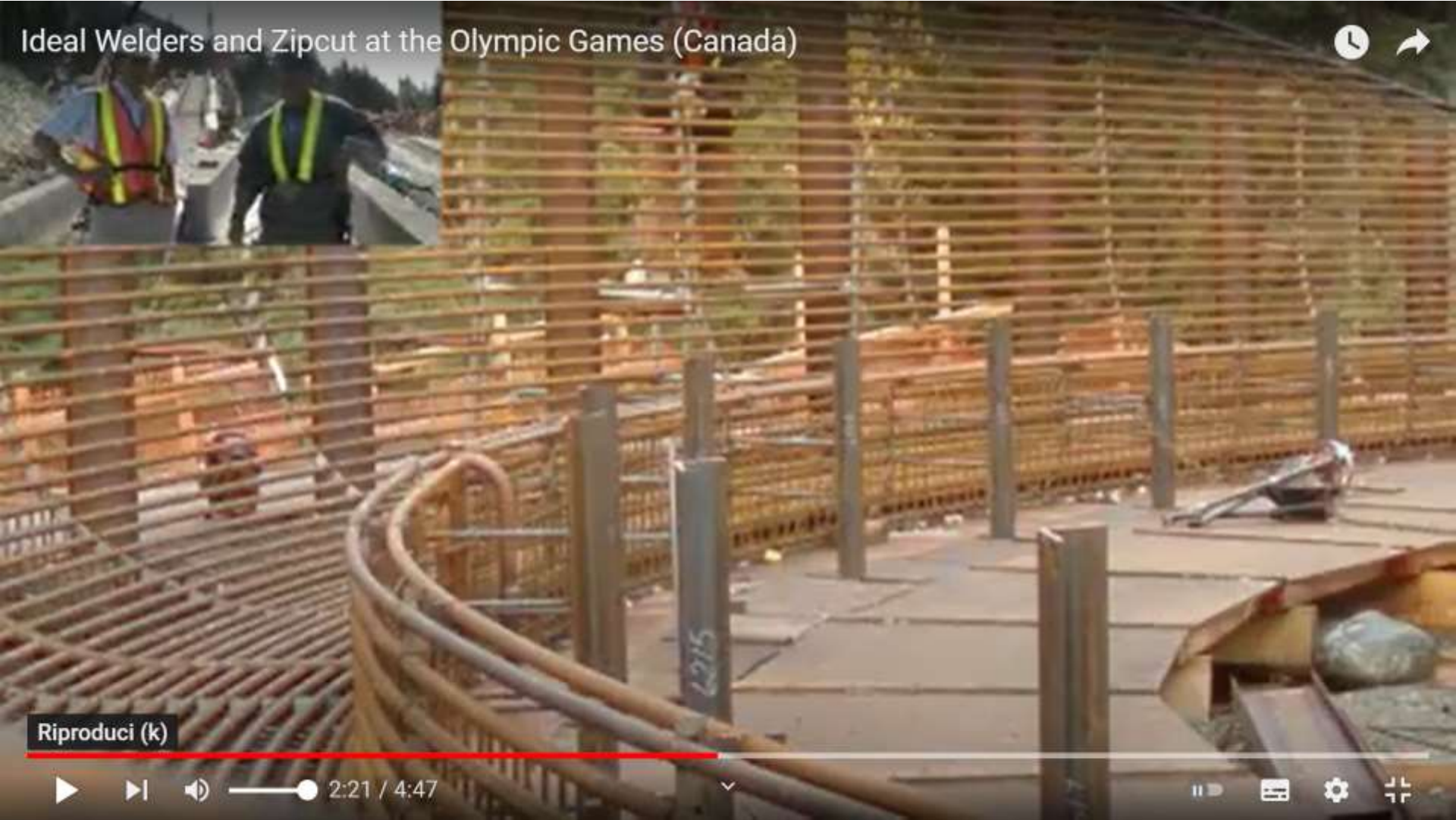
Figure 4.5 Pendulum column foundation (from Stantec Architecture Ltd. Drawing A0-17.031-26).







Ideal Welders and Zipcut at the Olympic Games (Canada)



Riproduci (k)











Left: After the shotcrete is applied, covering the refrigerant pipes, the track ends up being about 1 ft. thick.

Right: A latticework of 10 mm rebar fortifies the track and is installed diagonally to follow the track's curves. *Photo: ISCIIBG Group*





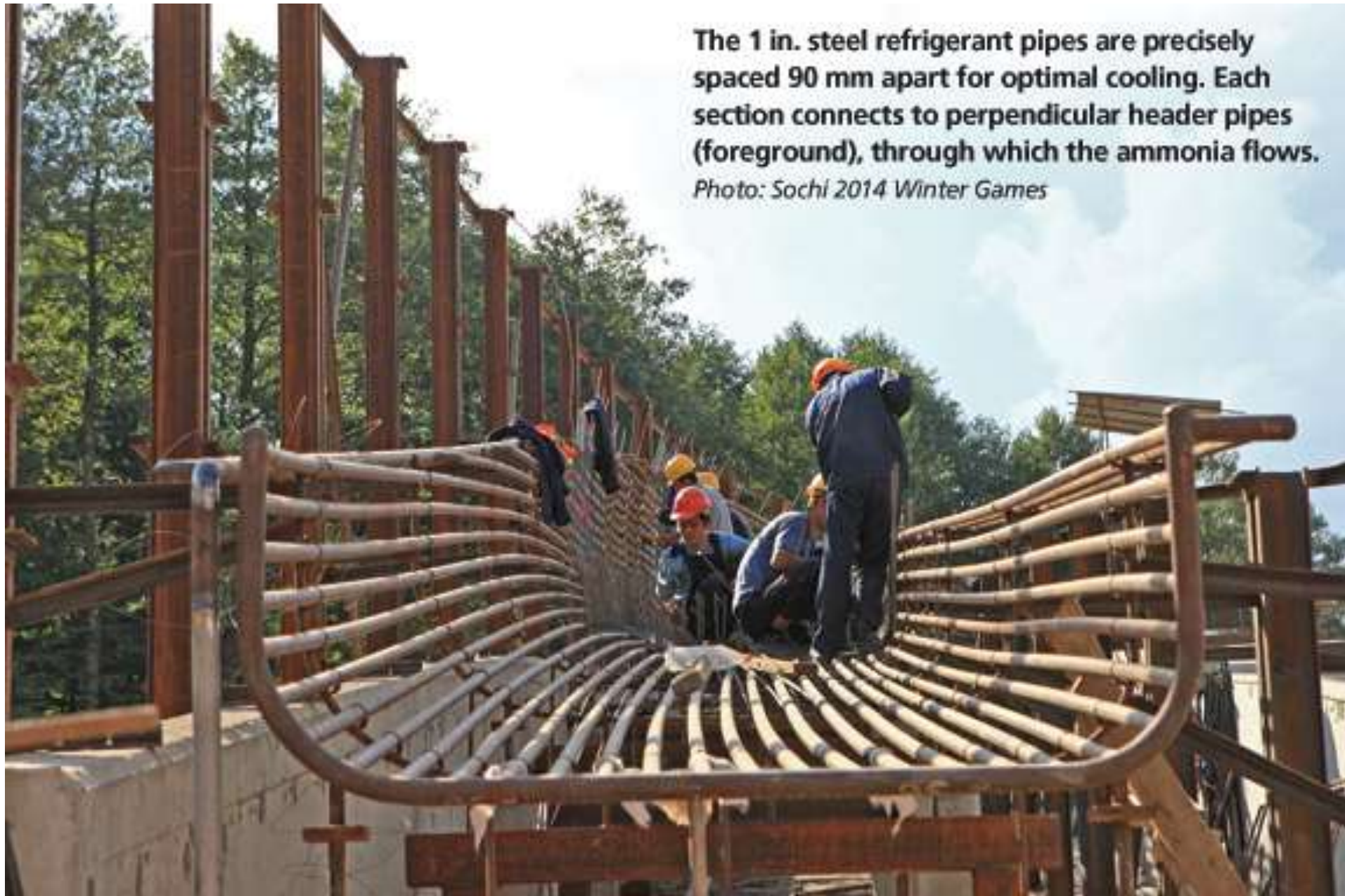


The steel pipes are installed upon an adjustable jig, which is supported by I-beams, so that positioning tweaks can be easily made. This banked turn shows the track's steep contours coming together.

At first glance, the Sanki Sliding Center resembles not much more than a giant concrete Hot Wheels track built into the side of a mountain, adorned with architectural metal and wood flourishes. The track has 17 banked turns, and is the only one in the world to have three negative slopes, where the athletes are sliding uphill. Also known as counter slopes, those sections have no turns, thus reducing speeds and increasing athlete safety. It takes 60 to 70 seconds to travel the entire track. At 1,814 m, it's the longest track of its kind in the world.

The 1 in. steel refrigerant pipes are precisely spaced 90 mm apart for optimal cooling. Each section connects to perpendicular header pipes (foreground), through which the ammonia flows.

Photo: Sochi 2014 Winter Games

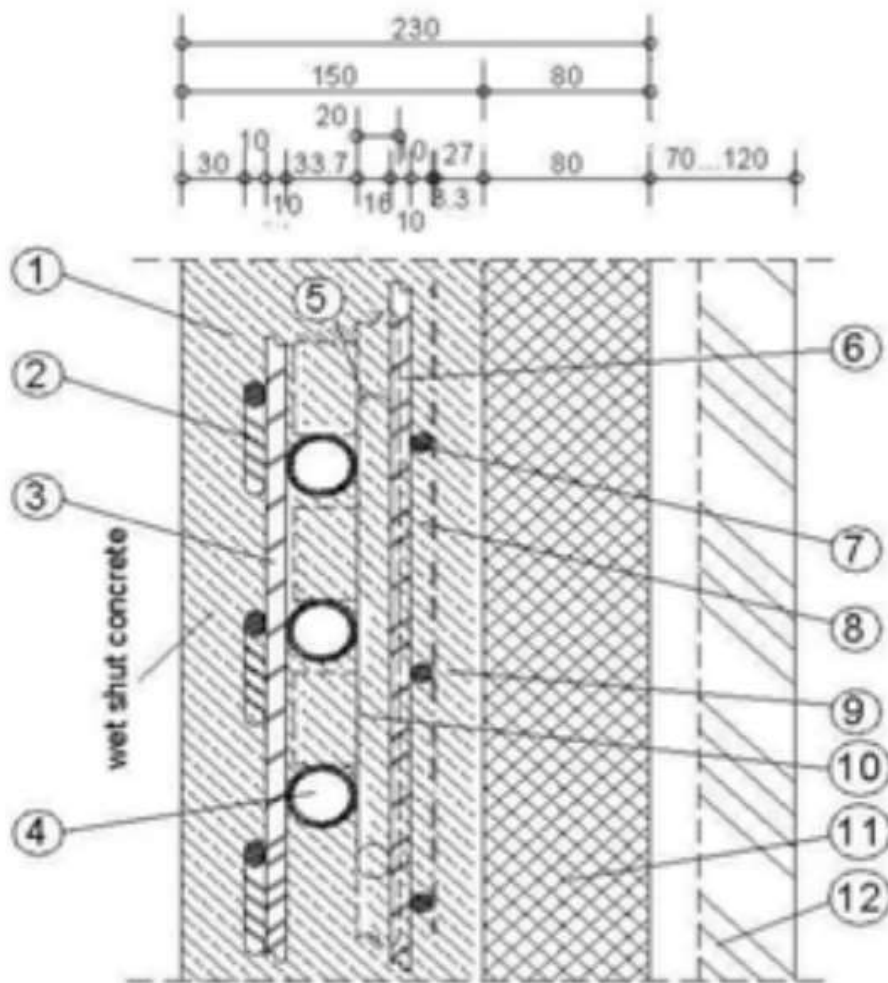


The steel pipes are installed upon an adjustable jig, which is supported by I-beams, so that positioning tweaks can be easily made. This banked turn shows the track's steep contours coming together.









The wall thickness is established from the following parameters :

- *1 - 30 mm concrete cover
- 2 - ϕ 10 mm, reinforcement steel; diagonal distributed
- 3 - ϕ 10 mm, reinforcement steel; diagonal distributed
- 4 - ϕ 33,7 mm icing steel pipe
- 5 - (*) 16 or 20 mm distance, respectively
- 6 - ϕ 10 mm, reinforcement steel; vertical distributed
- 7 - ϕ 10 mm, reinforcement steel; horizontal distributed
- 8 - woven mesh (ϕ 0.8 mm wire, width 4 ..6 mm)
- *9 - 27 or 23 mm concrete cover, respectively
- 10- jig, 20 mm round steel with spacers
- 11 - 80 mm insulation
- 12 - wall covering

Figure 4.9 Wall section showing refrigeration pipes and insulation [from IBG (2004), p.







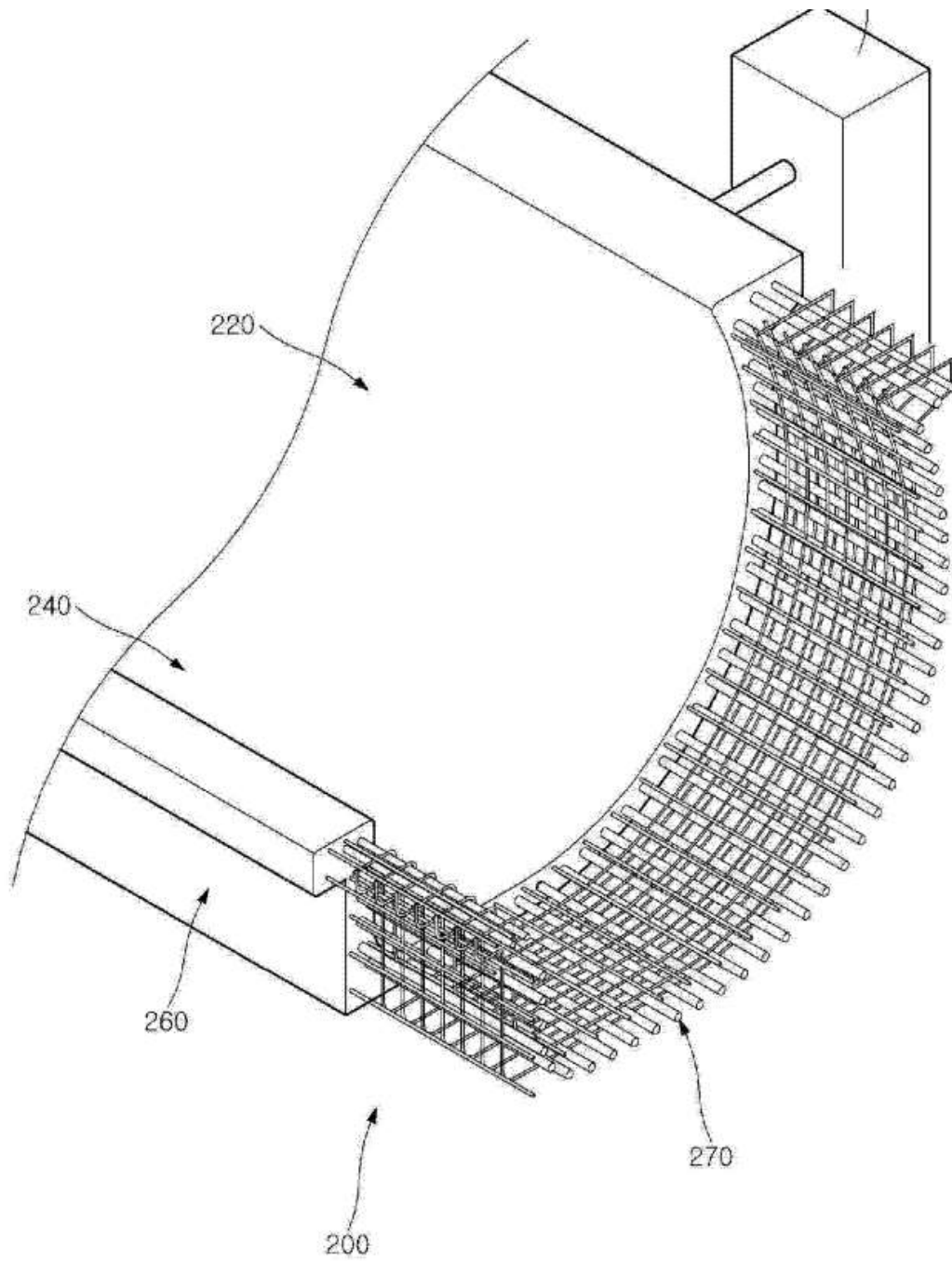


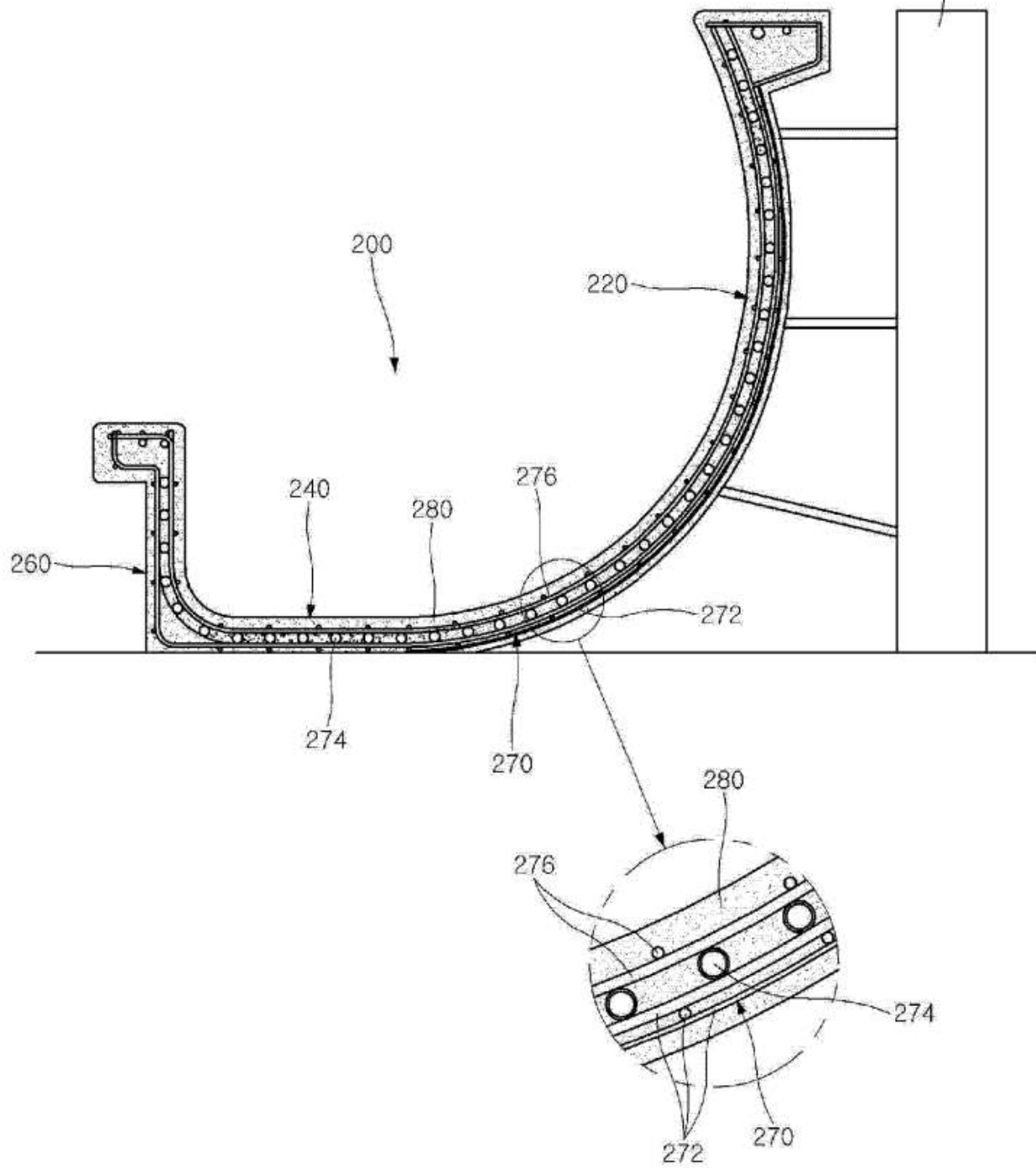


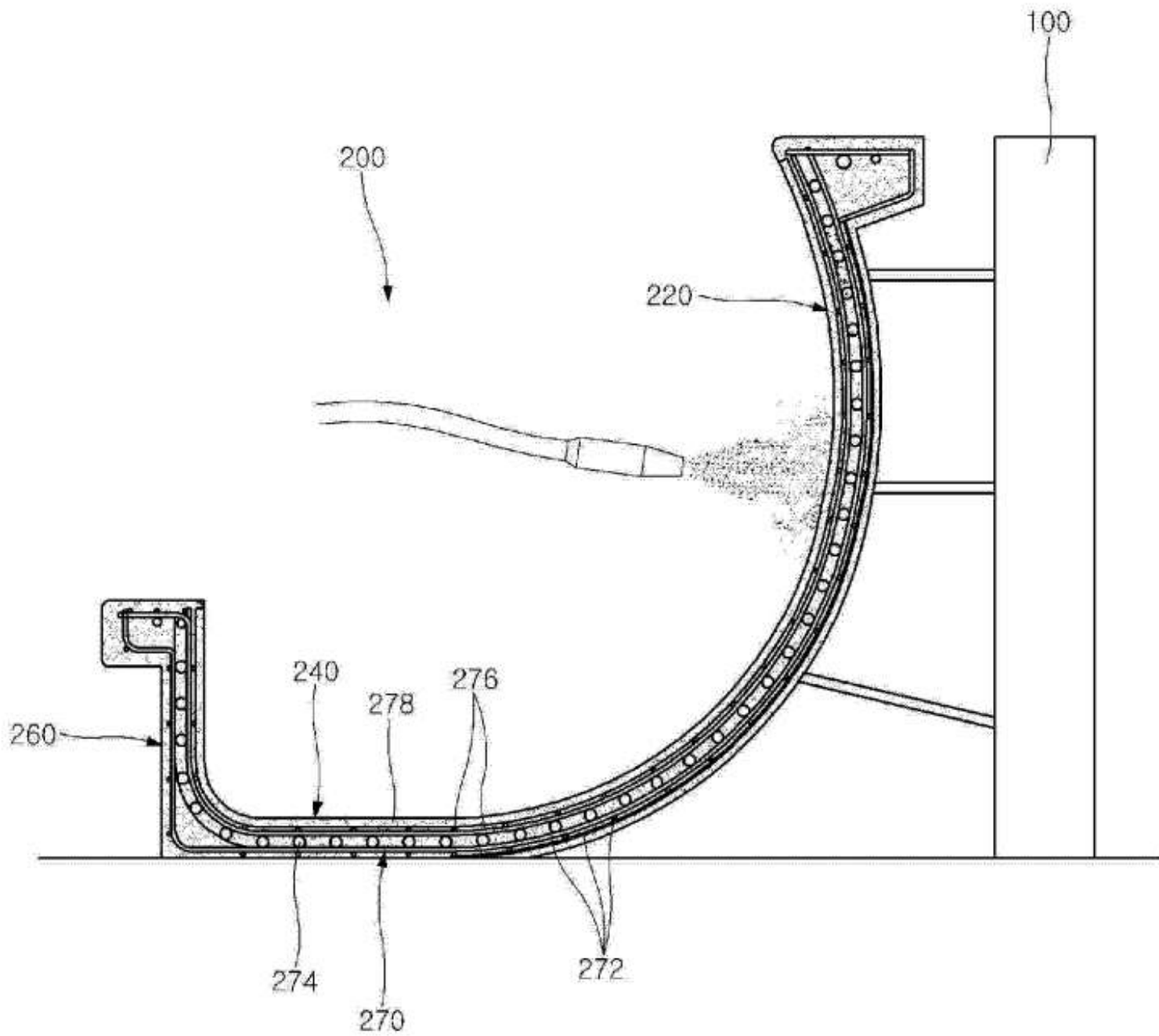


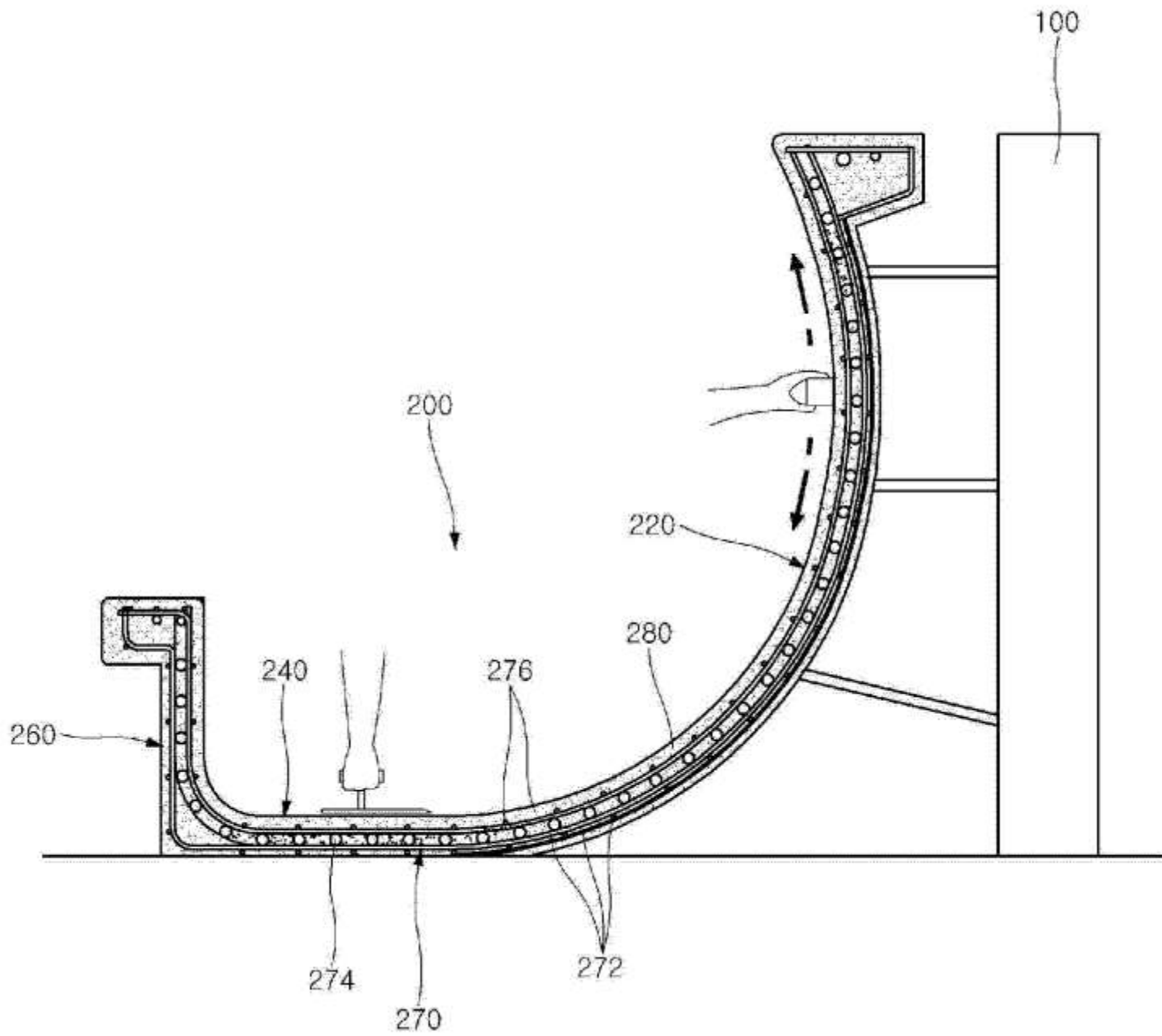


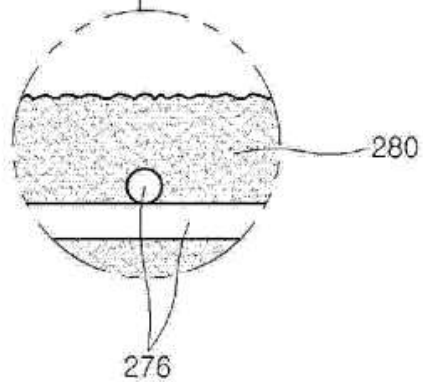
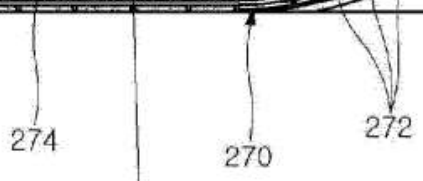
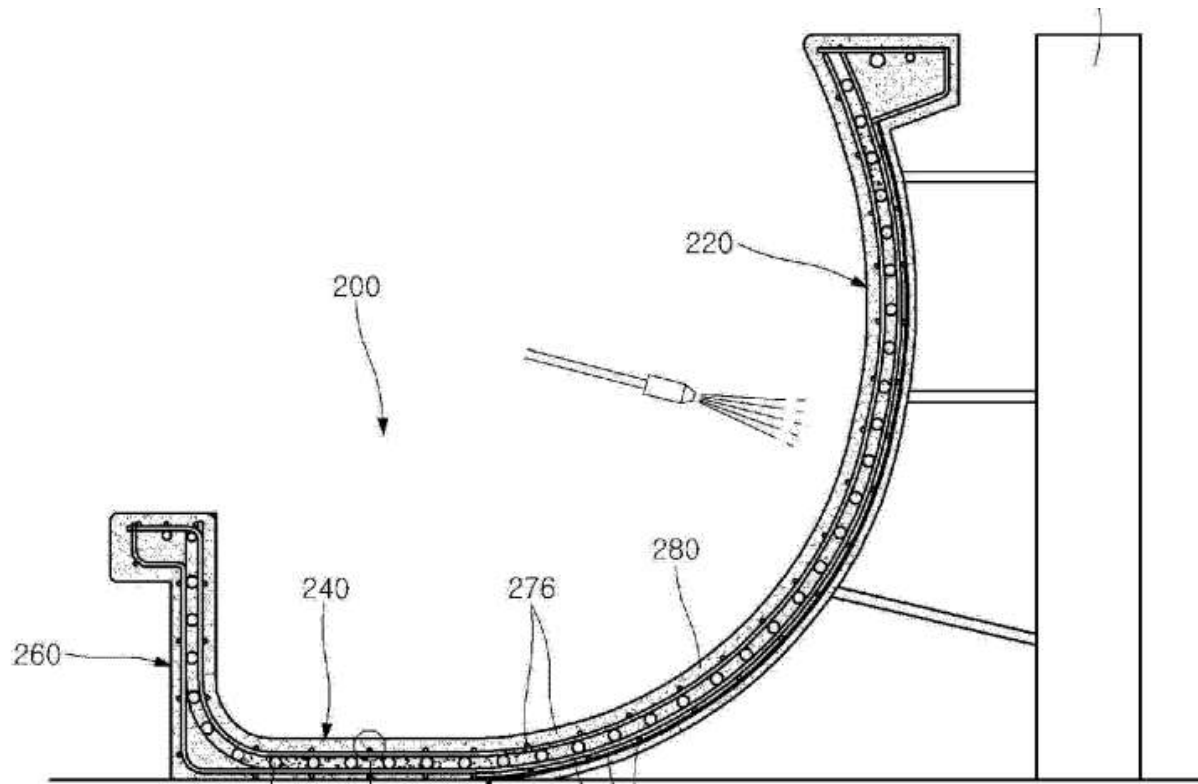
WHISTLER (CANADA) 2010











YANQING SLIDING TRACK SECTION

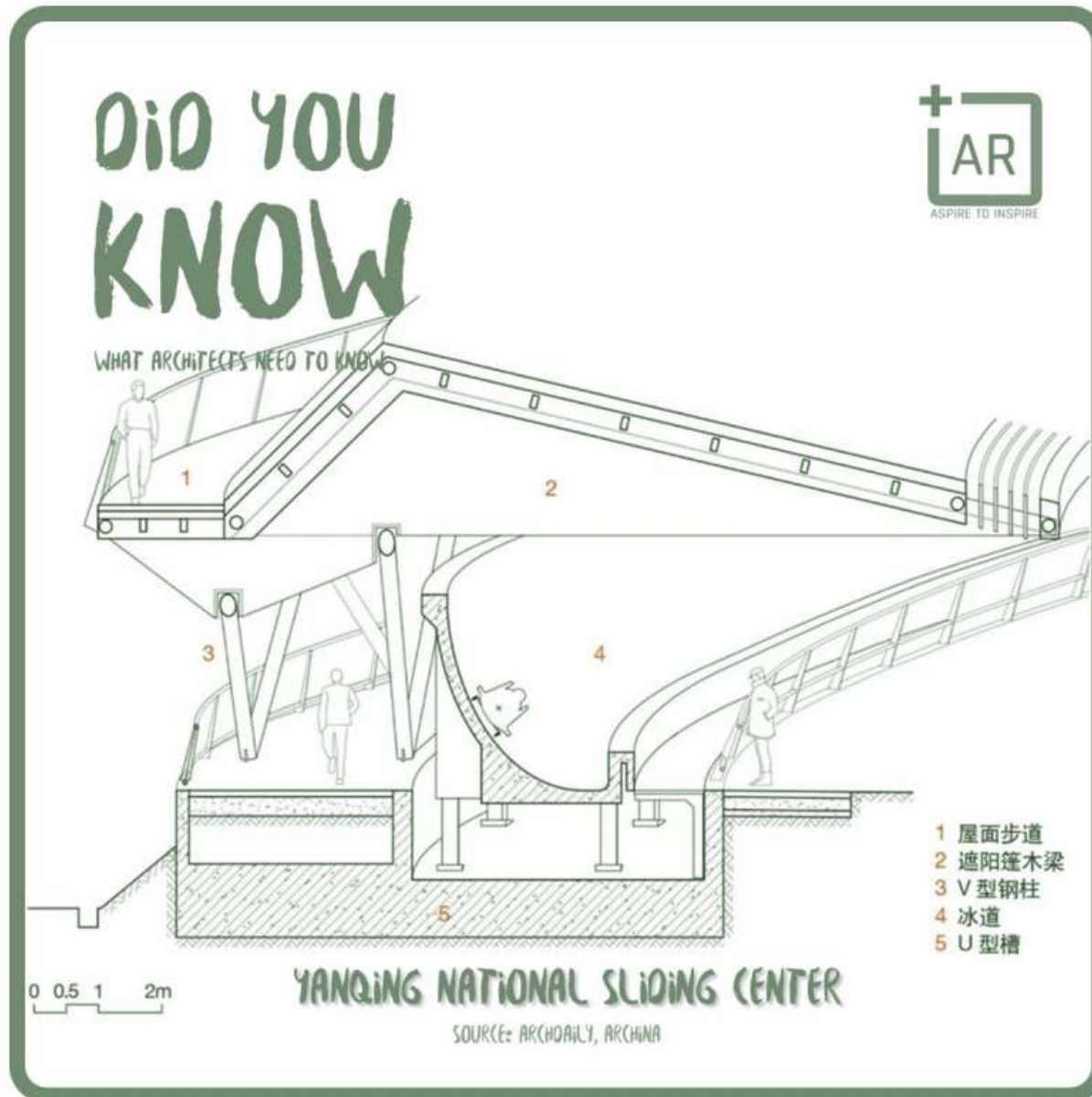




Fig. 2: End view of reinforcing steel, cooling pipes, and Stay Form





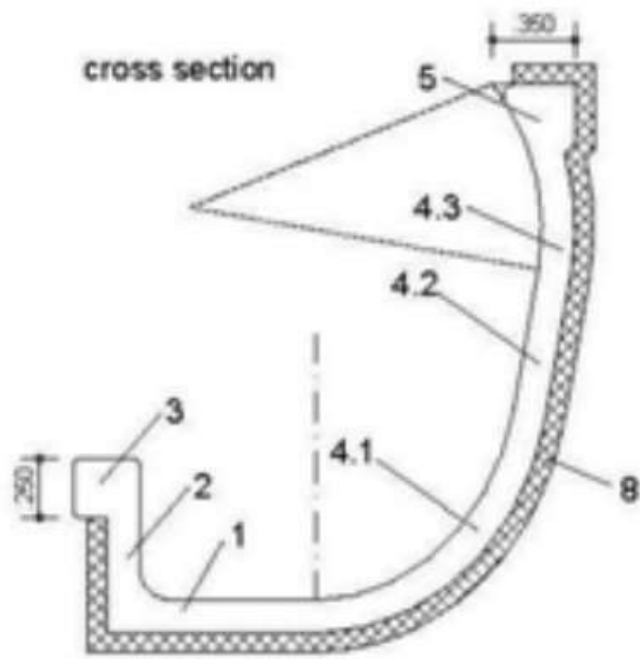
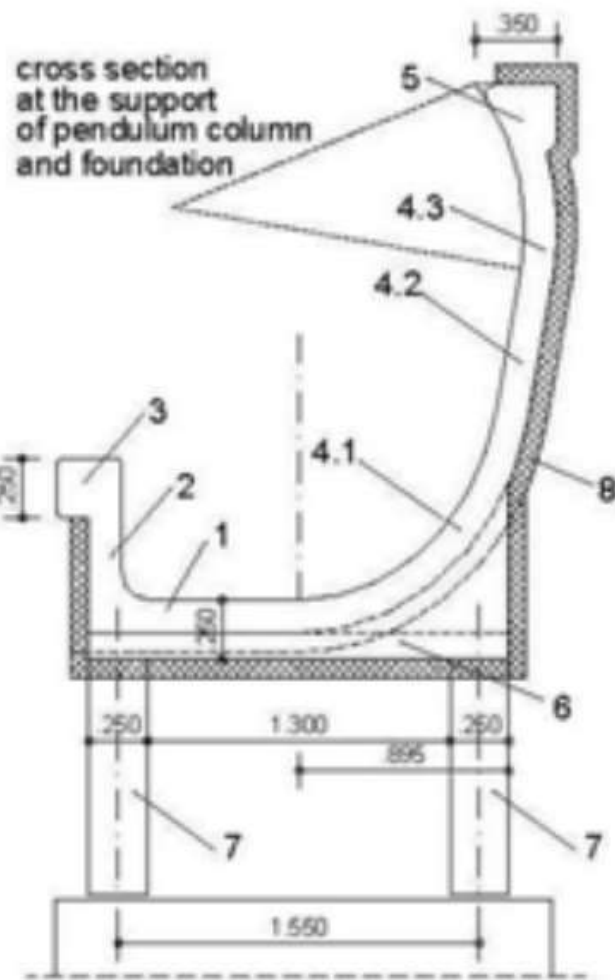
Fig. 3: Bench gun shooting shotcrete in high wall





Fig. 5: Finishing radius cove of low wall with a custom-built tool

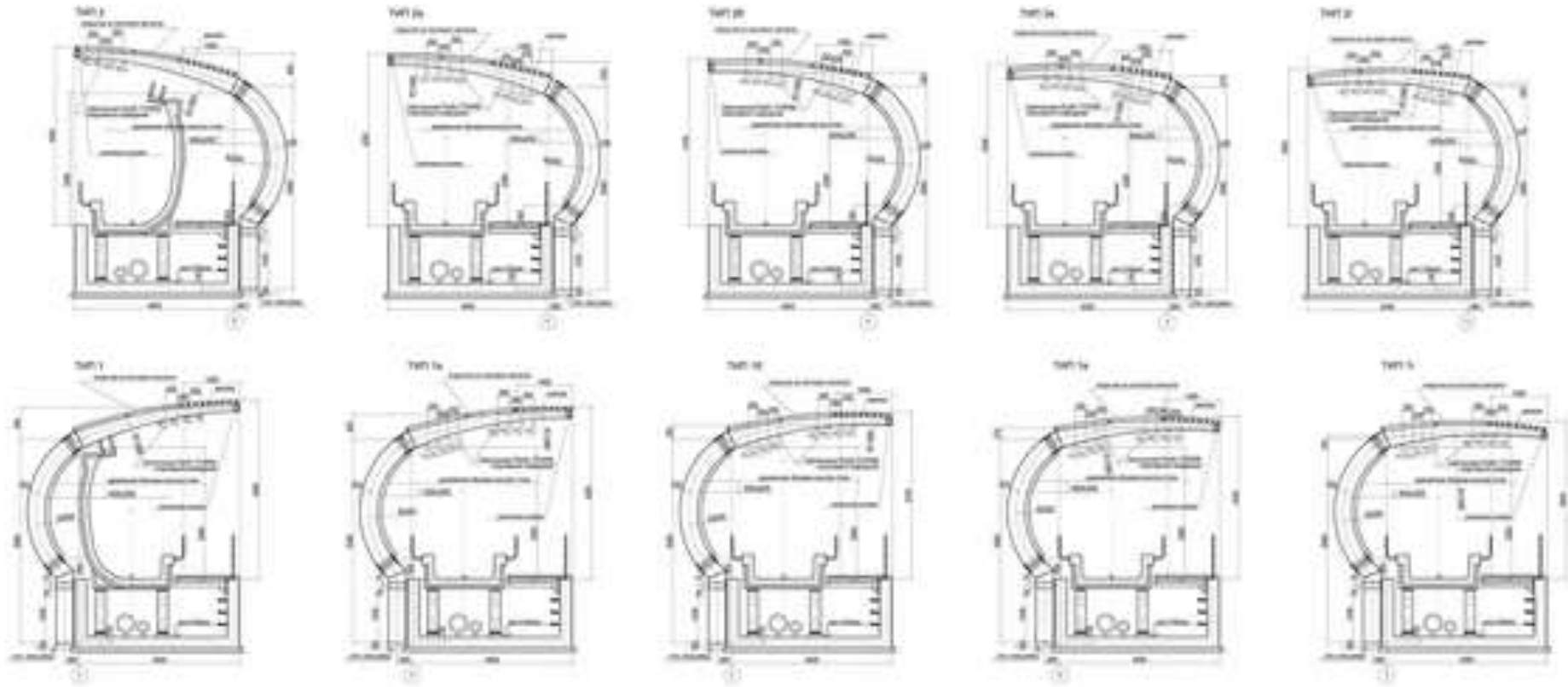




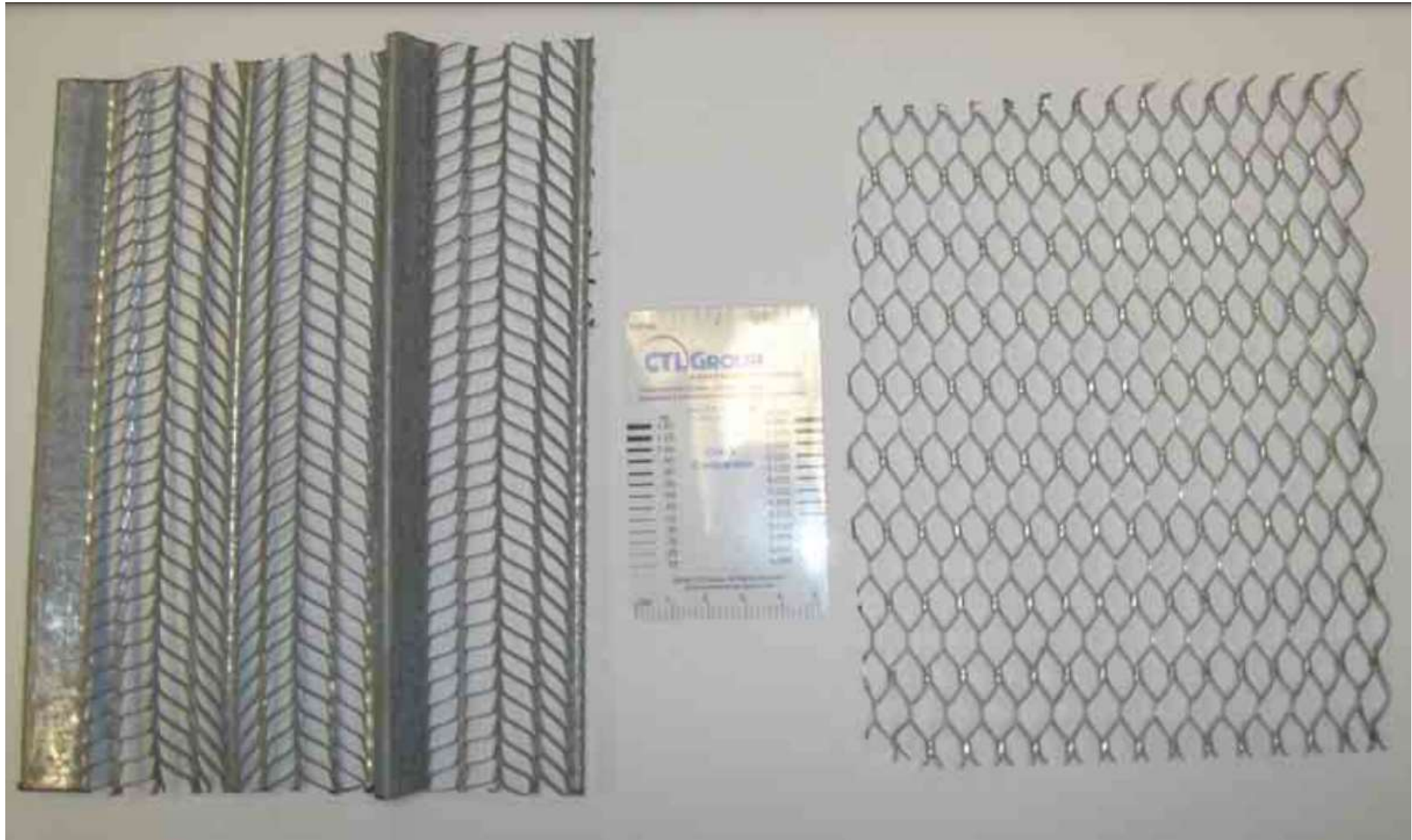
MATERIAL : EURO CODE 2/1
 Concrete quality : C 30 / 37
 Reinforcement steel : BSt 500

- 1 - ground slab
- 2 - band wall
- 3 - band head
- 4 - shell structure
- 4.1 - part of quarter ellipse
- 4.2 - straight segment
- 4.3 - circular segment
- 5 - head beam
- 6 - main beam
- 7 - pendulum column or wall
- 8 - insulation

SOCHI RUSSIA SEZIONI DELLA PISTA



CASSERATURA IN CURVA





FIBRE NATURALI X SHOTCRETE

Natural Fibers

Vegetable Fiber

Plant Hair

- Cotton
- Kapok

Bast Fibers

- Flax
- Hemp
- Jute
- Kenaf
- Ramie

Hard Fibers

- Sisal
- Henequen
- Coconut
- Banana
- Yucca

Mineral Fiber

Asbestos

Animal Fiber

Wool & Hair

- Sheep's Wool
- Goat Hair
- Angora Wool
- Horse Hair

Bast Fiber

- Genuine Silk
- Raw Silk

INTRODUZIONE ALLE FIBRE NATURALI X CLS

:: Introduction of natural fibers

HIBISCUS CANNABINUS



LINO

CANAPA



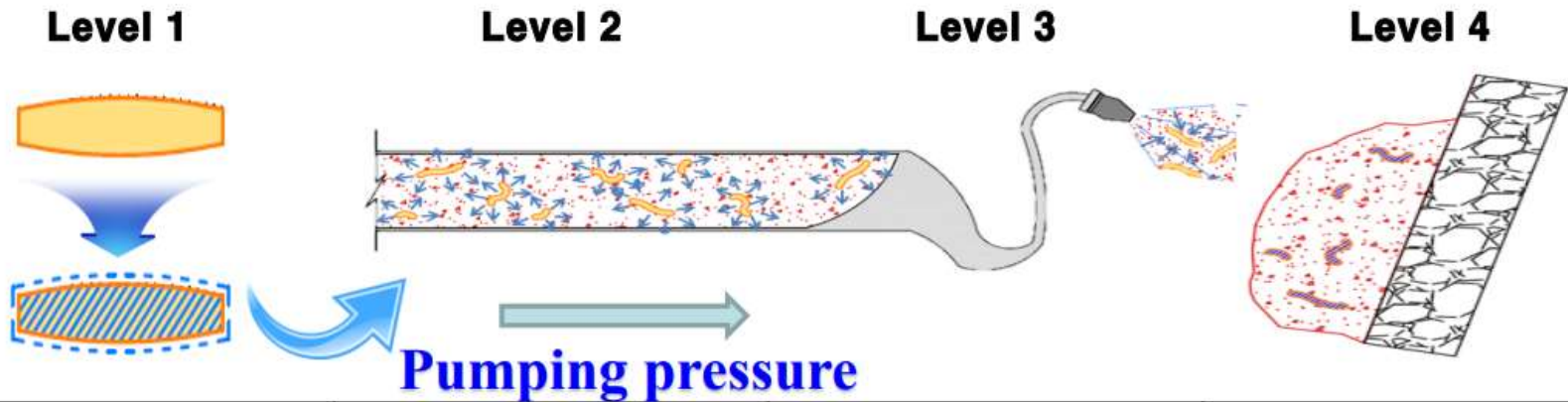
Natural Fiber in Concrete



CANADIAN GREENFIELD TECHNOLOGIES NFORCE HEMP FIBRE



Action of Natural Fiber in Shotcrete



Absorb water	Squeezed by pressure	Absorb water by release	Internal curing
Natural fiber absorb water in mixing	The water is squeezed out by pressure	Natural fiber absorb water again by pressure release	Natural supply water and act as internal curing
Natural fiber in wet	Increased pumpability by increased water content in concrete	<ul style="list-style-type: none"> - Reduced rebound - Increase build-up thickness 	Decreased plastic shrinkage

Application Benefits in Shotcrete

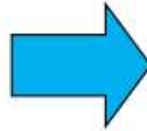
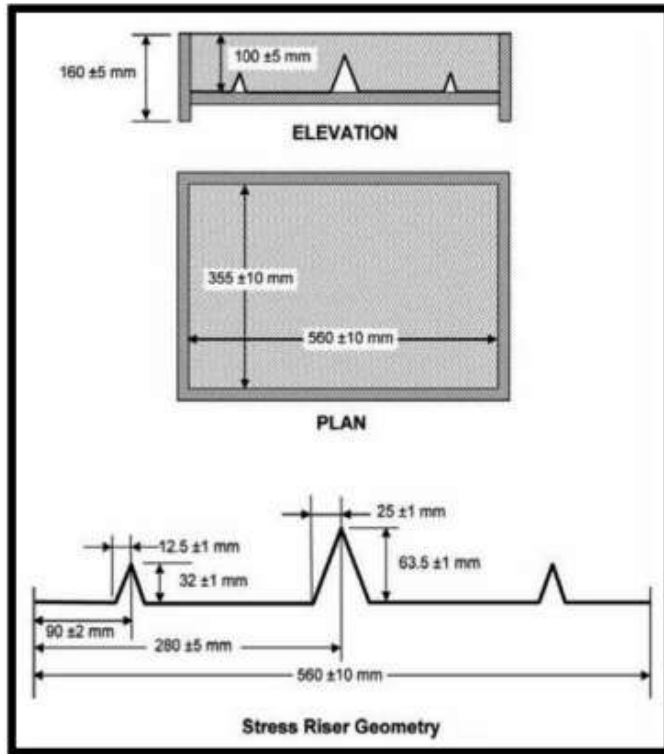
- ✓ **Natural-friendly**
- ✓ **Easy to mix without additional equipment**
- ✓ **Save time with excellent adhesion in shotcrete**
- ✓ **Smoother finishing surface : less bowling or pooling effects**
- ✓ **Balanced drying and curing processes in any weather conditions**
- ✓ **Internal curing and resulted in a reduced cracking**

PLASTIC SHRINKAGE

Outline of experiment

- **Aggregates**
 - **Coarse : 10mm of maximum size**
 - **Fine : sea sand + crushed** 380 kg/m³
1099 kg/m³
- **Silica fume : 0, 7, 10% by cement weight**
- **Fibers**
 - **0.5, 1.0, 1.5% by cement weight**
 - **5, 10, 20 mm**
- **Mixtures**
 - **w/c = 0.4**
 - **s/A = 70%**
 - **cement content = 390kg/m³**
 - **targeted slump = 70±20 mm**

Plastic Shrinkage Test (ASTM C 1579-06)



- Induce cracking in central
- Restrained in both sides

-wind speed : 4.7 m/s

-temperature : 36° c

-relative moisture: $30 \pm 10\%$

Plastic Shrinkage Test (ASTM C 1579-06)



- Measure crack width in 10mm space along crack
 - Average the crack width
 - Calculate CRR(Crack Reduction Ratio)
-
- $$CRR = \left(1 - \frac{\text{average crack width of fiber-reinforced shotcrete}}{\text{average crack width of plain control shotcrete}} \right) \times 100$$

Conclusion

- ❖ **The average crack width increase as the amount of silica fume increase from 7% to 10%.**
- ❖ **The shorter fiber is better for plastic control.**
- ❖ **The optimum fiber length is 5 mm in term of plastic shrinkage control.**
- ❖ **The optimum fiber amount is 0.5% in 7% silica fume shotcrete mixture.**
- ❖ **CRR decrease as fiber length increase at 0.5% fiber and 7% silica fume shotcrete mixture.**

GELO-DISGELO

CARATTERISTICHE

CONTENUTO ARIA IN BETON PRIMA E DOPO IL LANCIO

FATTORE DI SPAZIO

AREA SUPERFICIE SPECIFICA

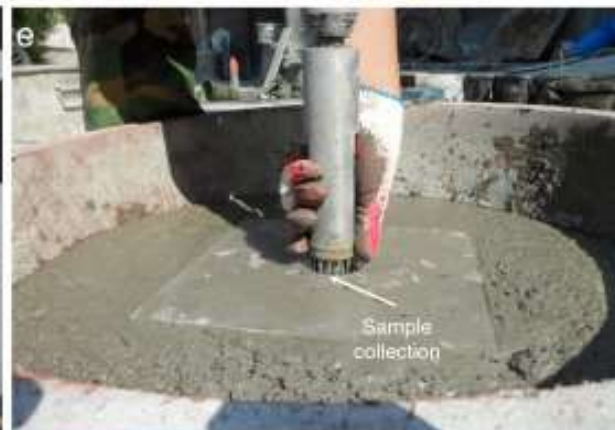
CONCLUSIONI

IL LANCIO MODIFICA LE CARATTERISTICHE E LA RESISTENZA AL
GELO DISGELO

SHOTCRETE CARATTERISTICHE ARIA-VUOTI

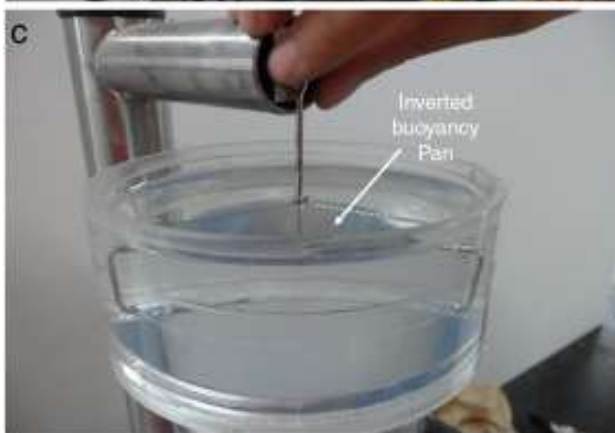


AVA3000
GERMANN INSTRUMENT

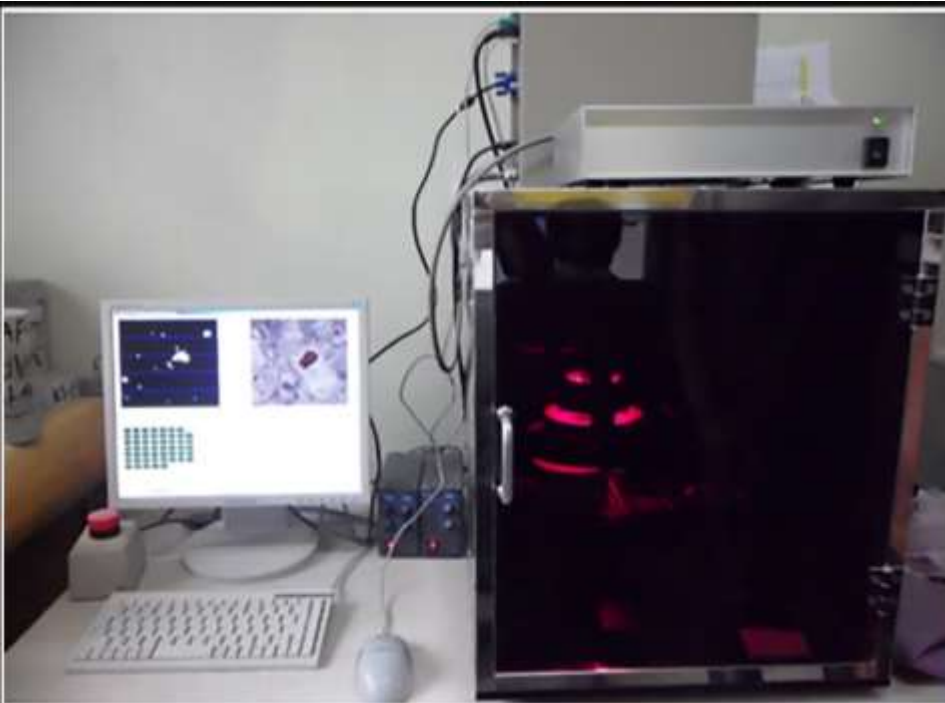


CAMPIONE

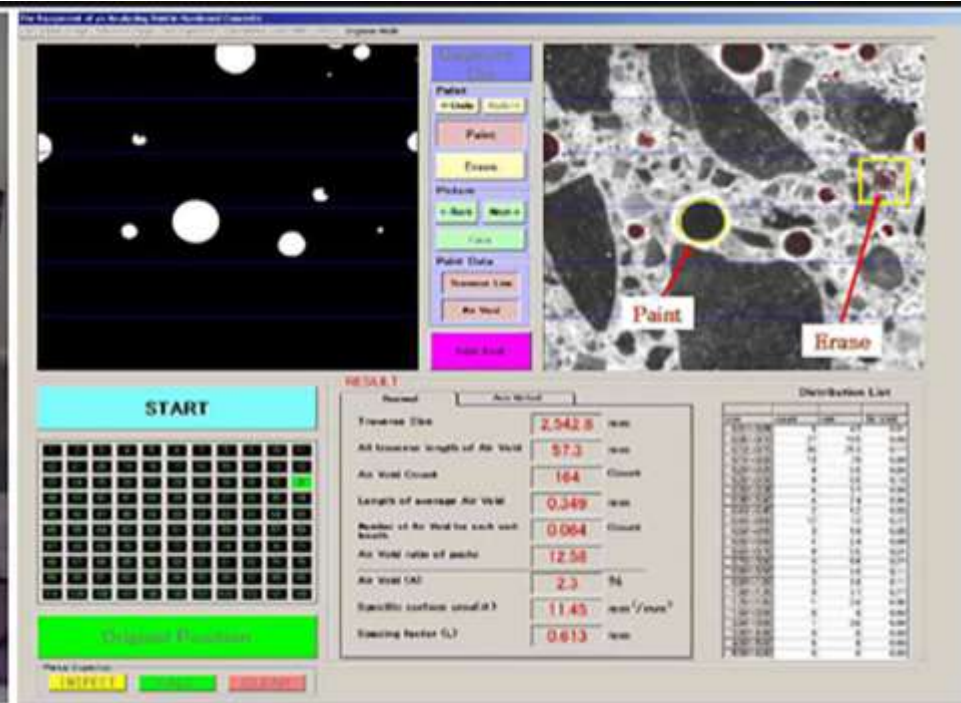
ESTRAZIONE BETON
FRESCO X MISURA
IMMEDIATA



VIDEO ANALISI DI ARIA/VUOTI DOPO PRESA



a



b

REFRIGERANTI NATURALI

ICE-CANAL

GHIACCIO – 12C SP. 5-6 CM

FLUIDI FRIGORIGENI

- GAS FLUORORATI AD EFFETTO SERRA

REGOLAMENTO UE N.517/2014 RECEPITO DPR 16 NOV. 2018 N.146 LEGGE F-GAS

- CFC, HCFC, HFC

- A NULLO O DEBOLE EFFETTO SERRA

- CO₂ PER GRANDI SUPERFICI PATTINAGGIO

- AMMONIACA PER BOBSLEIGH TRACK

- IDROCARBURI

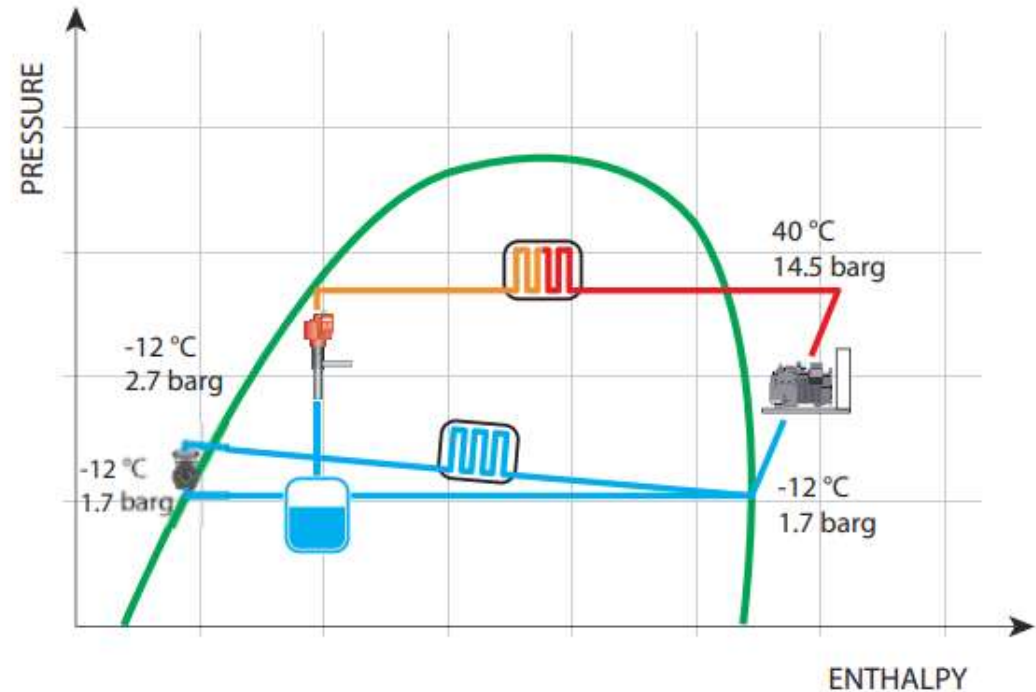
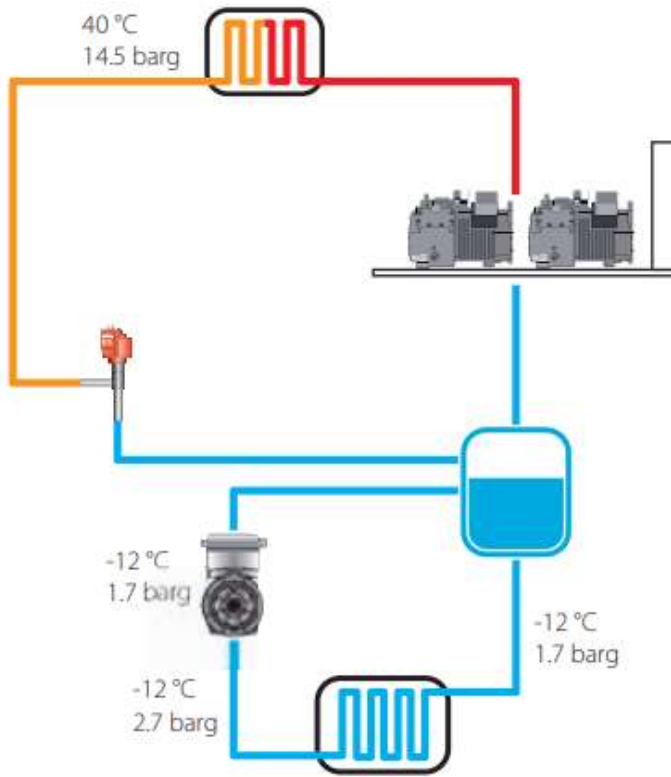
- ACQUA

EN 13445:2021-XXX RECIPIENTI IN PRESSIONE

-



CICLO AMMONIACA



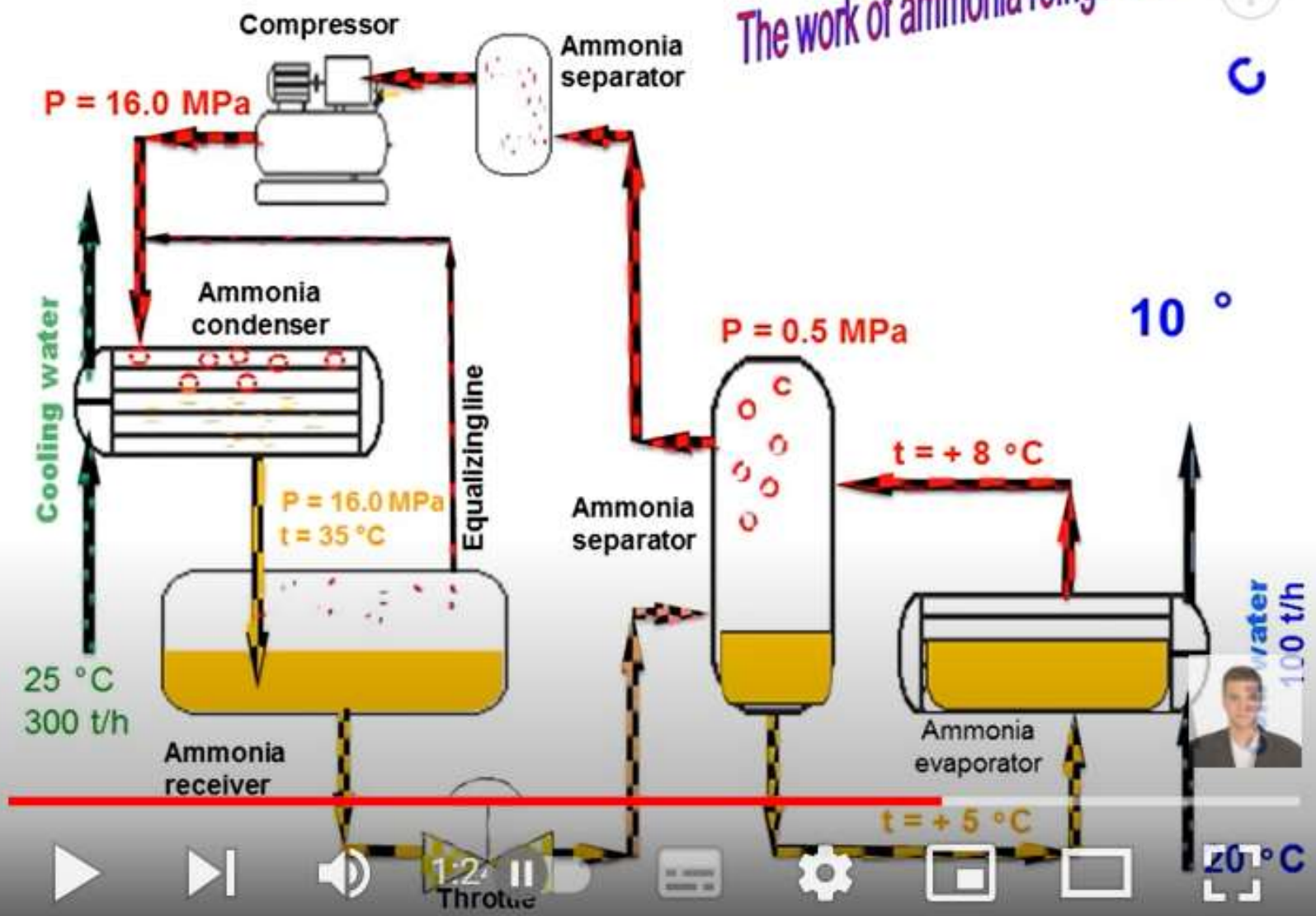
VANTAGGI AMMONIACA

- COSTA POCO
- LEGGERA, EVAPORA
- CICLO MOLTO NOTO (1876)

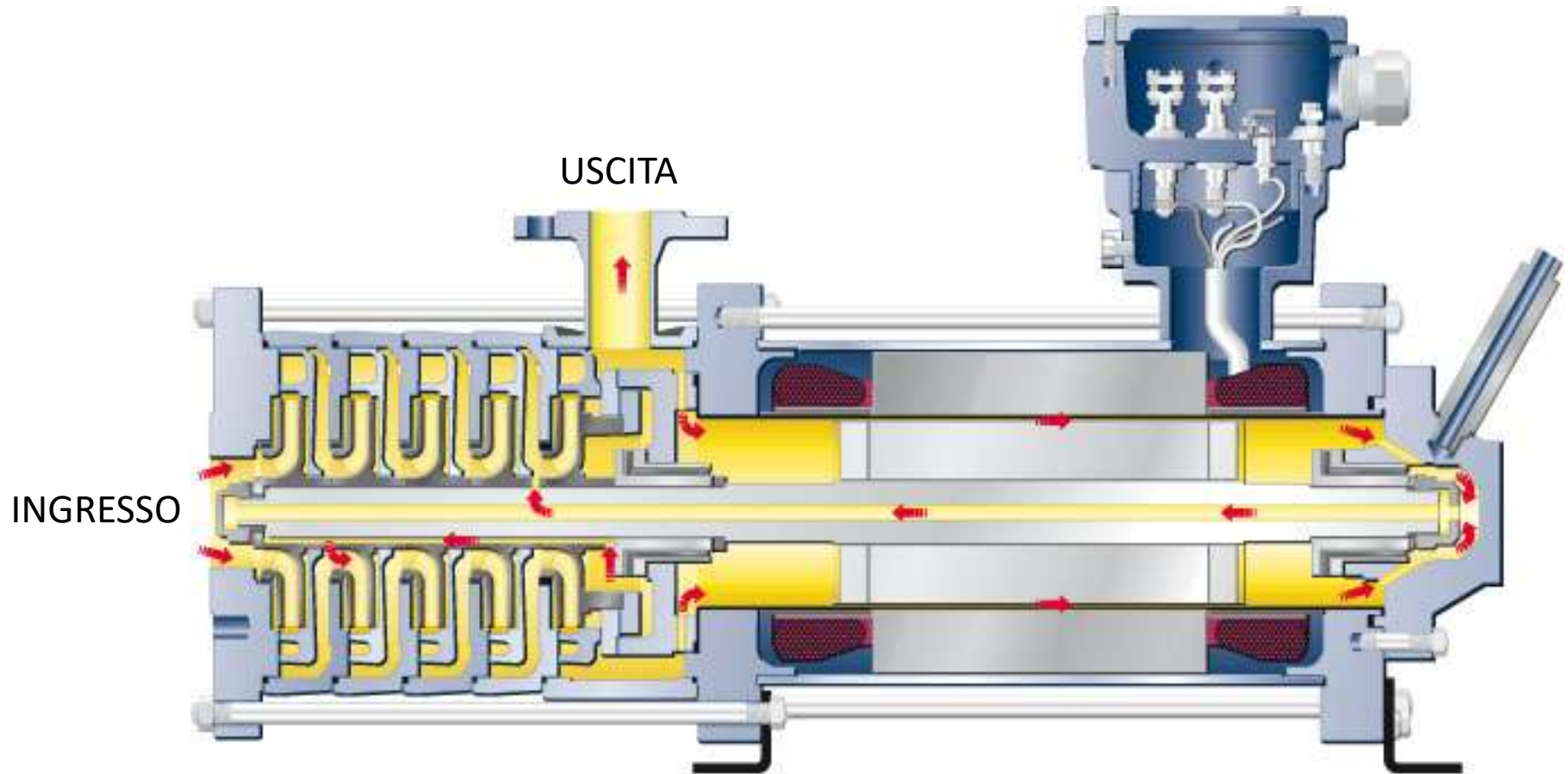
SVANTAGGI

- CORROSIVA
- VELENOSA
- NO RAME, SI ACCIAIO E ALLUM.

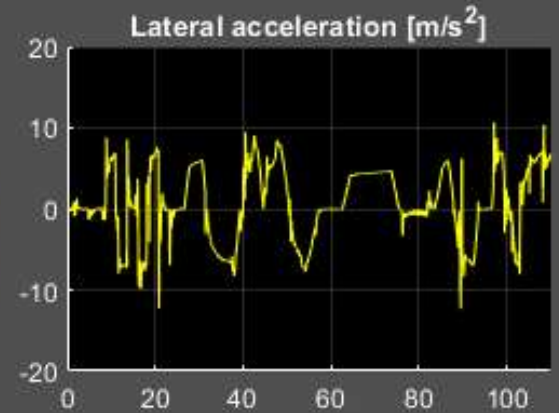
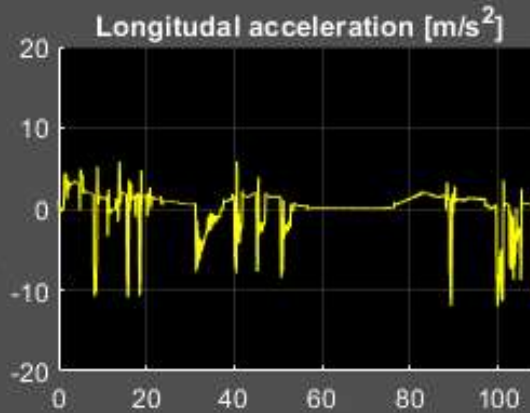
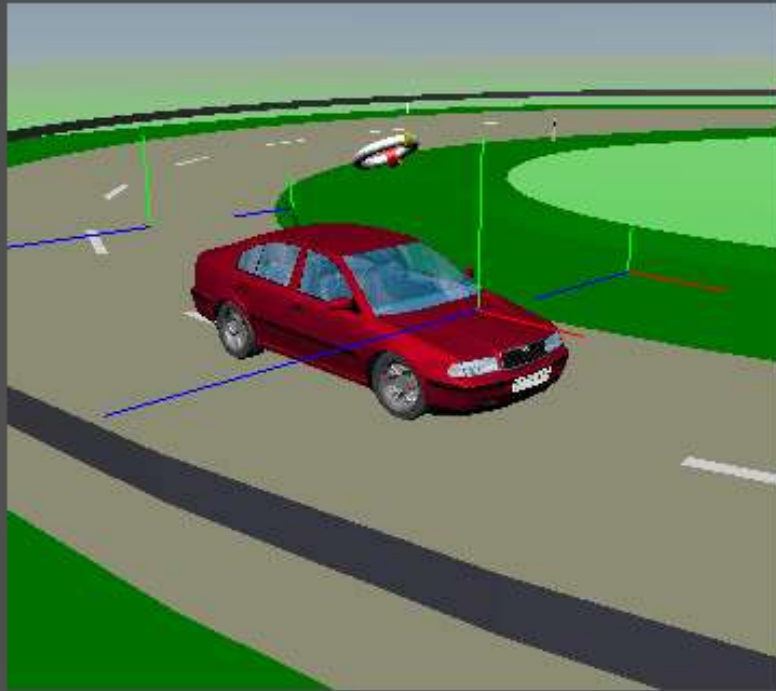
The work of ammonia refrigeration



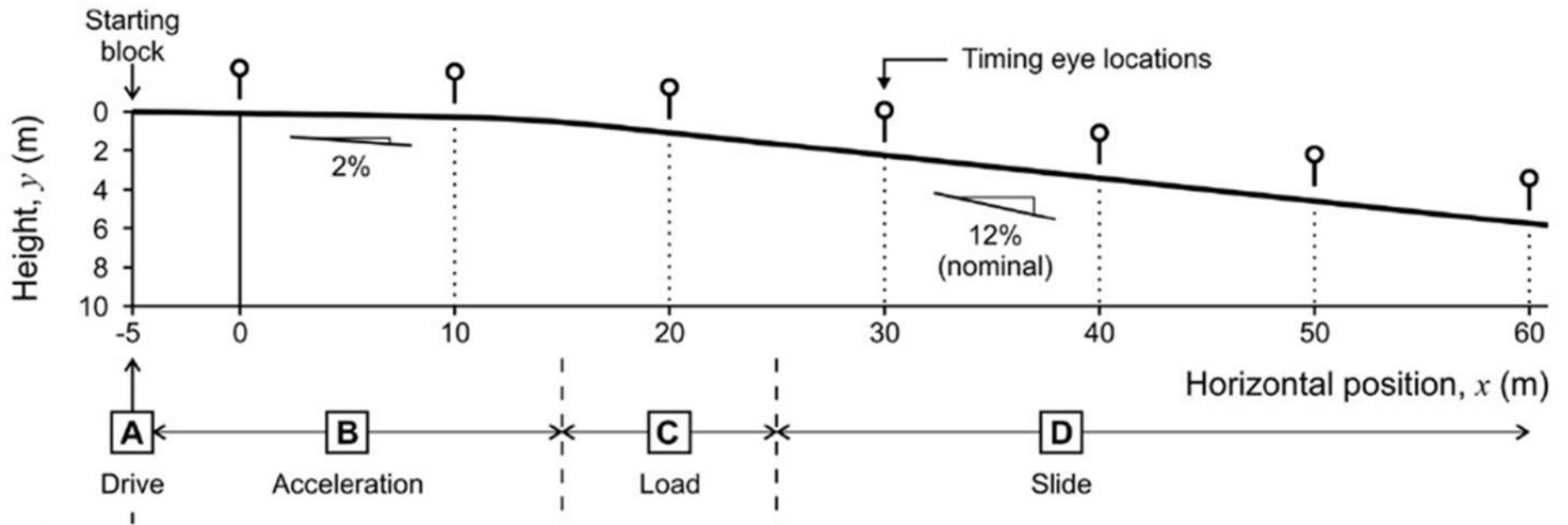
HERMETIC CANNED PUMP



SIMULINK MATHWORK



SKELETON FASE DI SPINTA



EFFETTO DEL CAMBIO PARAMETRI SULLA GARA

A Heck and P Uylings

Table 1. Effects of parameter changes on run time (reference value is 51.149 s) for a simulated 4-man bobsleigh race on the Whistler Sliding Centre track.

Parameter	Reference value	New value	New run time (s)	Difference in time (s, and in %)
C_D	0.3	0.33 (+10%)	51.315	0.166 (0.32%)
A	0.4 m ²	0.44 (+10%)	51.315	0.166 (0.32%)
μ	0.008	0.0088 (+10%)	51.461	0.312 (0.61%)
m	630 kg	567 kg (-10%)	51.333	0.185 (0.36%)
v_0	9 m/s	8.1 m s ⁻¹ (-10%)	52.050	0.901 (1.76%)



OPPONESI ELEMENTO AD ELEMENTO

Auct. Oper. Inuent.

A^o Zucchi Sculp.

DINAMICA APPROSSIMATA

EQUAZIONE DEL MOTO (SECONDA LEGGE DI NEWTON $F = MA$)

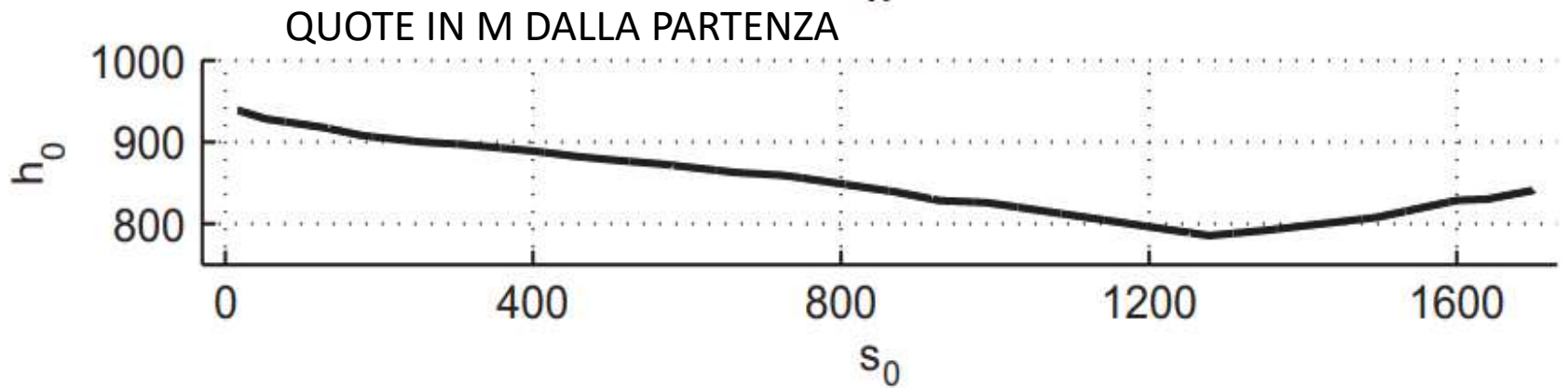
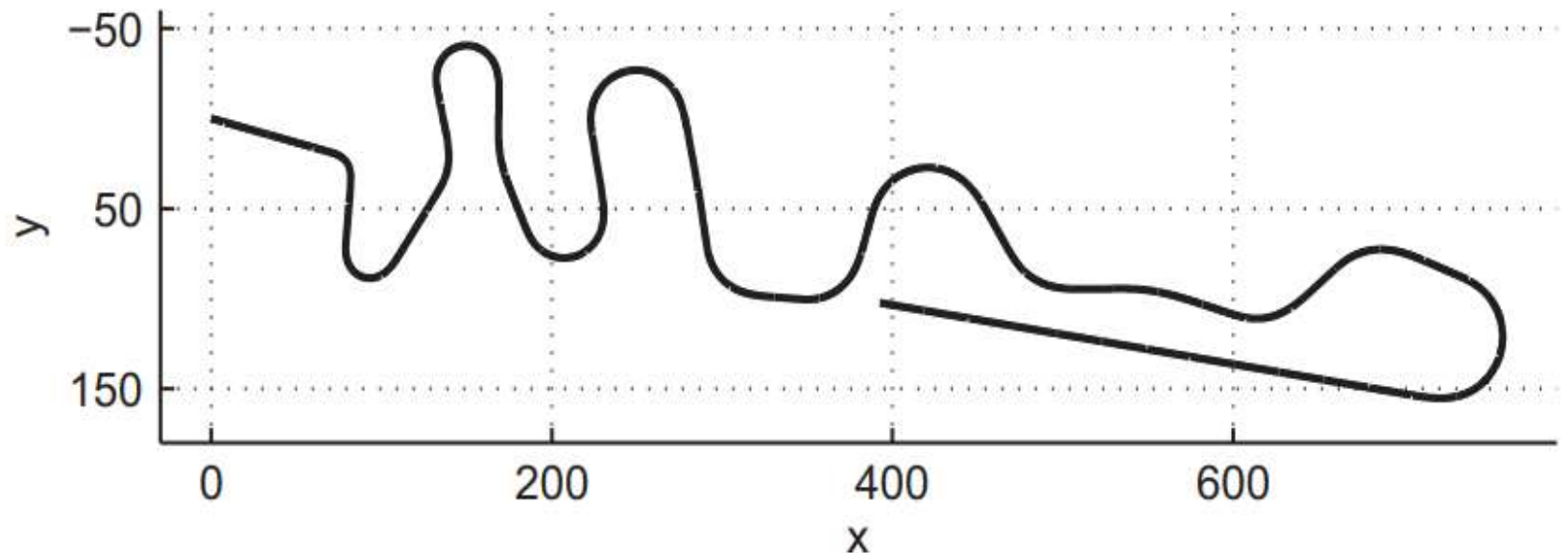
$$MA = F$$

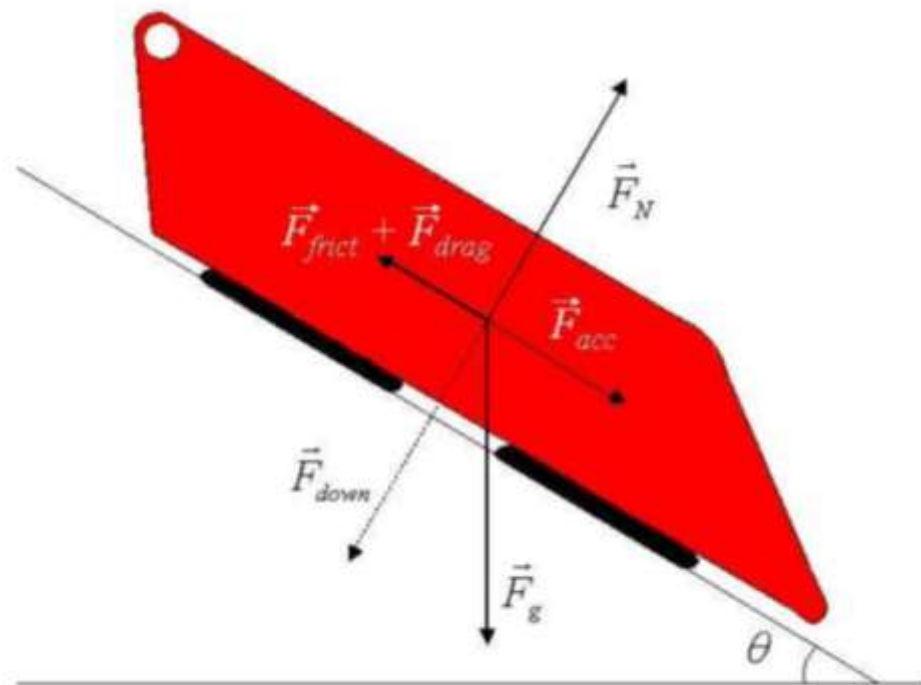
MASSA X ACCELERAZIONE DEL MEZZO = FORZA AGENTE MENO FORZA ATTRITO
ATTENZIONE ALLA NON LINEARITA' DIPENDENTE DALLA VARIAZIONE DELLA
PENDENZA DELLA PISTA, DALLA NON DEFINIZIONE DELLA TRAIETTORIA, ECC.

PROCEDURA

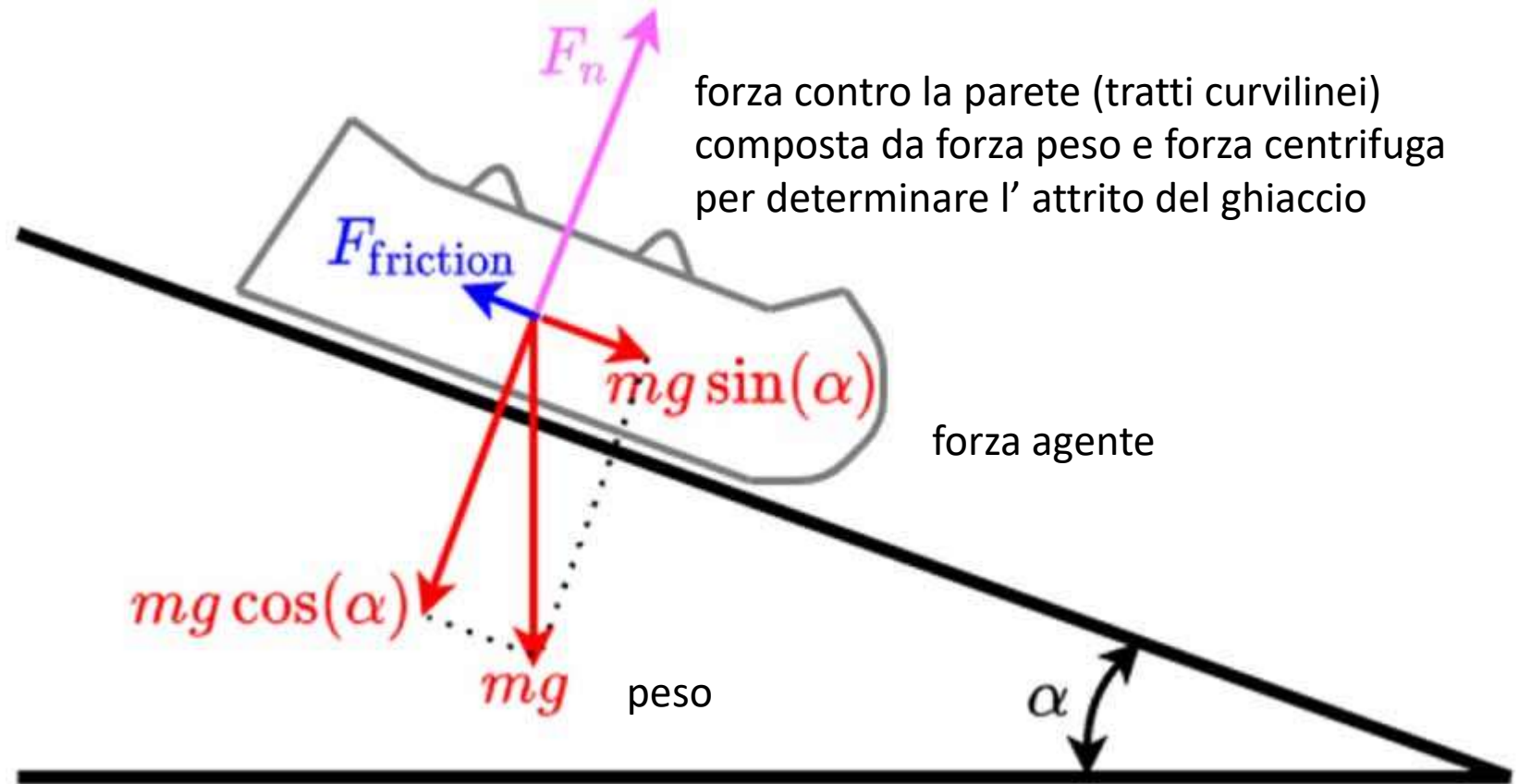
- SI DIVIDE IL TEMPO IN TANTI INTERVALI
- SI ESPRIME L' ACCELERAZIONE IN FORMA DISCRETA COME VARIAZIONE DI VELOCITA' DIVISO L' INTERVALLO E POI LA VELOCITA' COME VARIAZIONE DI SPOSTAMENTO DIVISO L' INTERVALLO
- SI RISOLVONO LE NON LINEARITA' IN MODO APPROSSIMATO
- SI OTTENGONO FORMULE RICORSIVE (IMPLICITE ESPLICITE) CHE DANNO LO SPOSTAMENTO IN FUNZIONE DEL TEMPO IN FORMA NUMERICA
- SI CONFROTANO I RISULTATI TRA LORO E CON DATI SPERIMENTALI (DISCESE)
- SI DISCUTE SULLA NATURA MATEMATICA DELLE SOLUZIONI OTTENUTE

BASELINE X Y IN M E QUOTE ALTIMETRICHE IN M DALLA PARTENZA



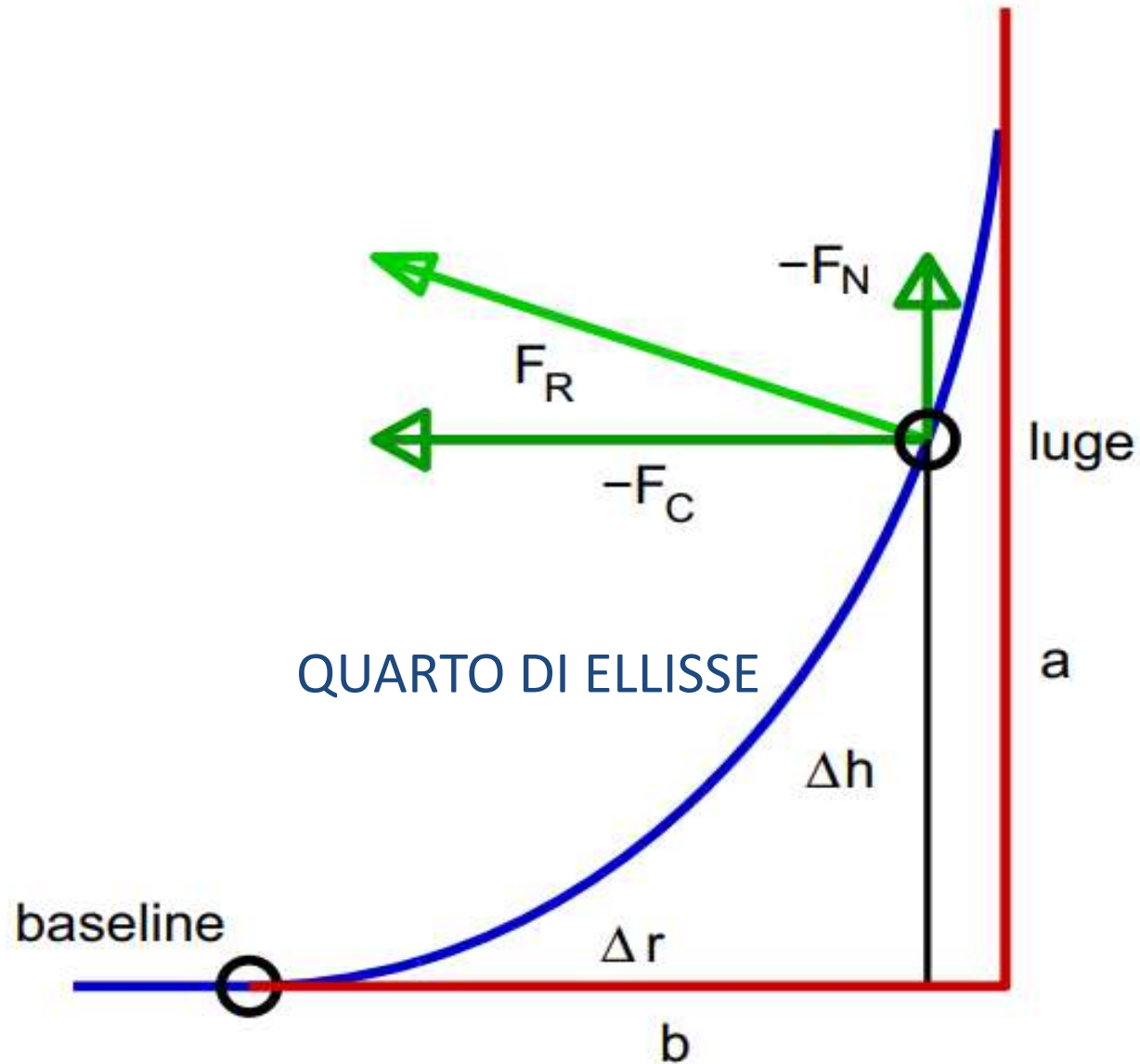


DINAMICA DEL MOTO DI SLITTAMENTO

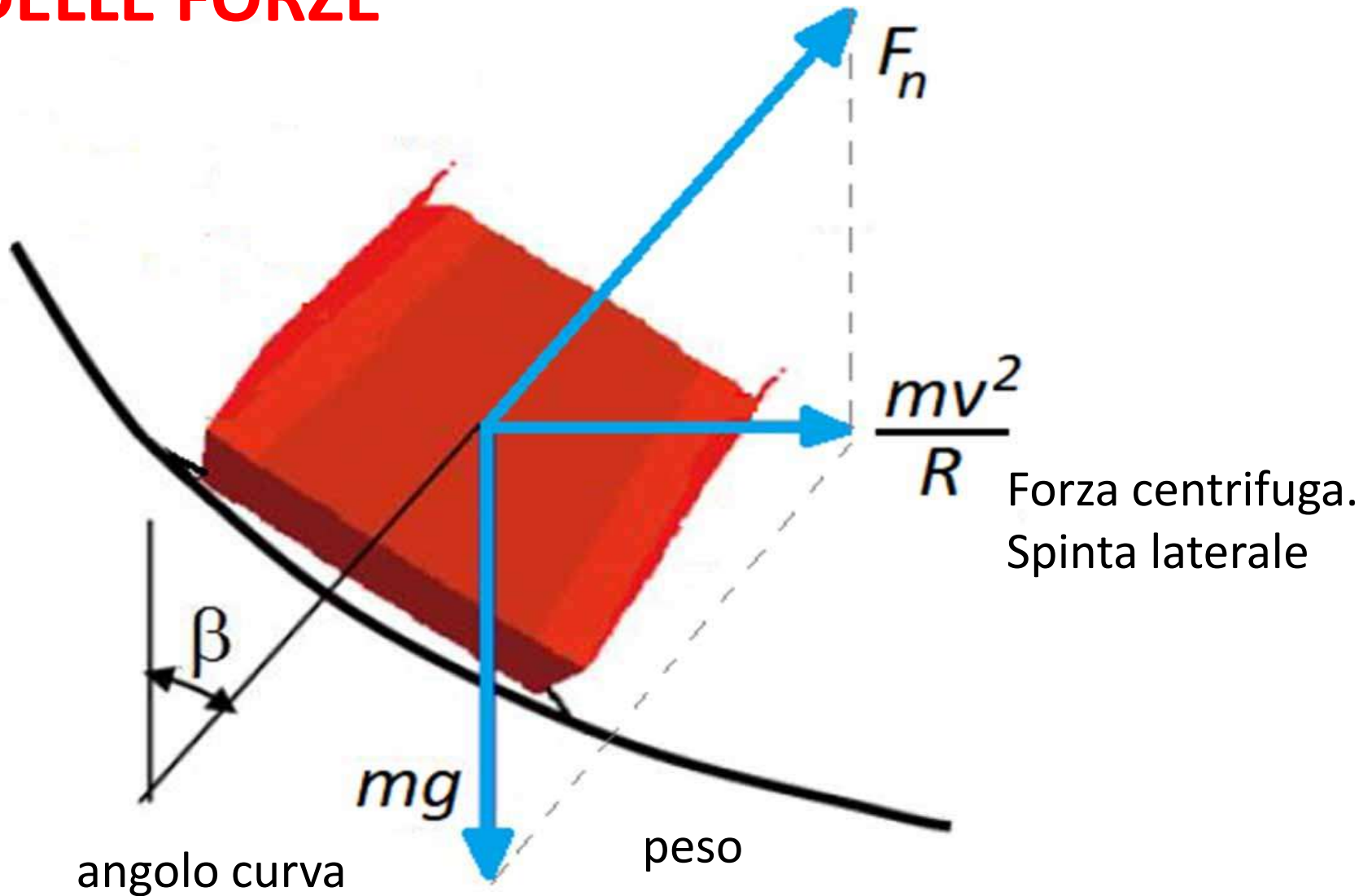


mg	forza peso
α	pendenza variabile del track
$mg \sin \alpha$	forza agente del moto
$F_{friction}$	forza di attrito (somma di attrito con ghiaccio e drag aerodinamico)
F_n	forza agente contro la parete (composizione di peso e azione centrifuga)

ZONA TRANSIZIONE ELLISSE CON PARAMETRI a E b



RAPPRESENTAZIONE IN CURVA (SEZIONE) DELLE FORZE



DINAMICA APPROSSIMATA

IN CURVA

FORZA CENTRIFUGA

$$F_c = M V^2 / R$$

ACCELERAZIONE CENTRIFUGA

$$A_c = V^2 / R$$

ESEMPIO

CURVA R = 20 M V = 130 KM/H = 130 X 1000 / 360 = 36.1 M/S

$$A_c = 36.1 \times 36.1 / 20 = 22.2 \text{ M/S}^2 = 32.58 / 9.81 = 3.3 \text{ G}$$

$$G = 9.81 \text{ M/S}^2$$

QUINDI UNA FORZA DI SCHIACCIAMENTO CONTRO LA PARETE
PARI A 3.3 VOLTE IL PESO PROPRIO

SE LA CURVA E' COMPLETA 360°

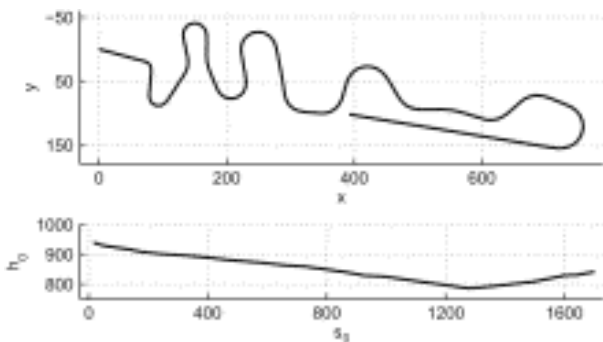
$$\text{CIRCONFERENZA } 2 \times 3.14 \times 20 = 125.6 \text{ M}$$

$$\text{TEMPO } 125.6 / 36.1 = 3.47 \text{ S} \quad \text{DURATA DELLA PRESSIONE}$$

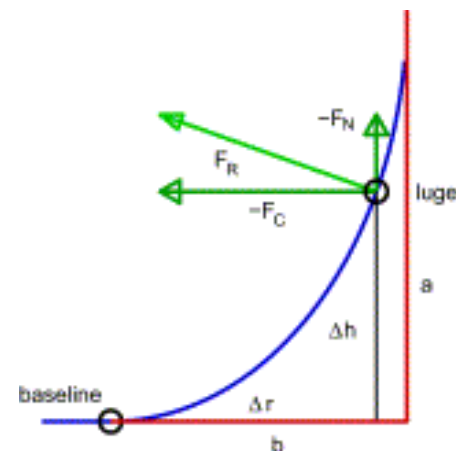
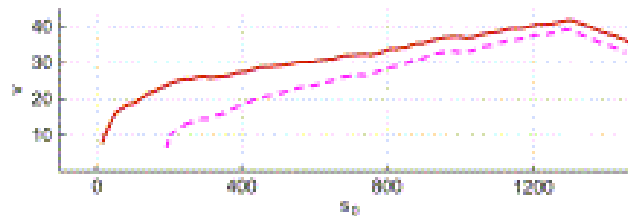
EQUAZIONE DELLA DINAMICA

$$m a = F_w - F_d - F_f$$

M MASSA, a ACCELERAZIONE, Fw PESO, Fd DRAG ARIA, Ff ATTRITO GHIACCIO



PLOT X-Y E ALTITUDINE



The 1d equation of motion for a point mass is formulated along the trajectory of the luge.

$$FW=mg$$

$$\text{drag } F_d = \frac{1}{2}\rho C_d A v^2$$

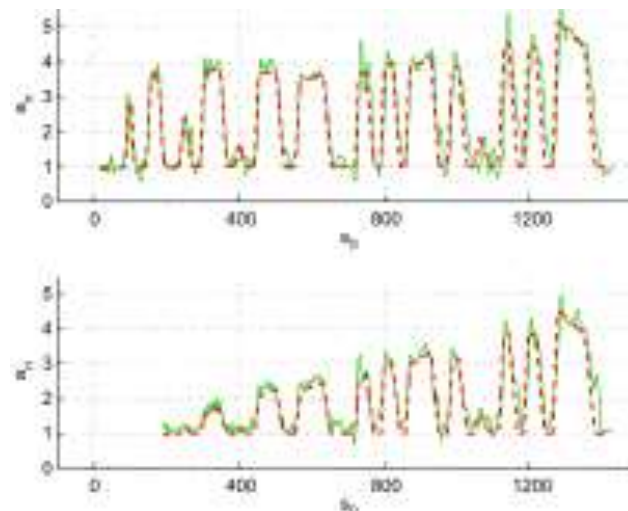
$$\text{surface reaction force } F_r$$

friction $F_f = \mu F_R$. The luge is accelerated by the projection of the weight on the trajectory

$$F_P = mg \cdot \sin\alpha. \text{ In straights the surface reaction force is given by } F_R = F_N \text{ with } F_N = mg \cdot \cos\alpha.$$



ACCELERAZIONE NORMALE CONTRO TEMPO

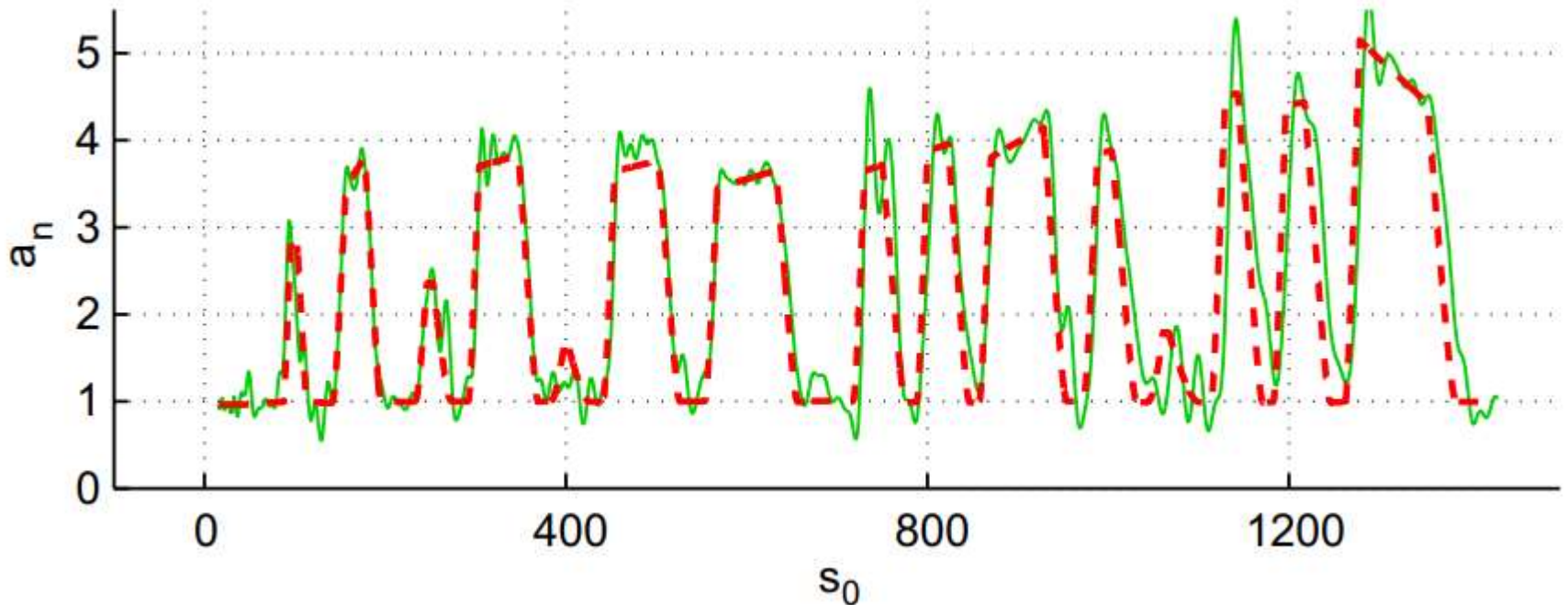


ACCELERAZIONE NORMALE CONTRO
DISTANZA DA PARTENZA (DOPPIO-SINGOLO)

ACCELERAZIONE NORMALE IN G

BASELINE:

TRATTO RETTILINEO, RACCORDO CLOTOIDE, CERCHIO, CLOTOIDE, RETTILINEO



DISTANZA DALLA PARTENZA IN M

LATO ASCENDENTE: RAGGIO CURVATURA IN DIMINUZIONE, ZONA TRANSIZIONE

LATO COSTANTE (CON VIBRAZIONI) RAGGIO COSTANTE

LATO DISCENDENTE: RAGGIO IN AUMENTO VERSO TRATTO RETTILINEO

CONFRONTO TRA DATI NUMERICI E SPERIMENTALI DA SENSORE

VALORI SPERIMENTALI O CONVENZIONALI PER LUGE

UN ATLETA 117 KG, DUE ATLETI 205.5 KG

ATTRITO SLITTAMENTO ACCIAIO-GHIACCIO **$FA = \eta FN$** FN FORZA NORMALE

LONGITUDINALE $\eta = 0.005$

ATTRITO TRAVERSALE $\eta = 0.010$ (MAGGIORE DI LONGITUDINALE)

ATTRITO ROTOLAMENTO ACCIAIO-ACCIAIO
 $\eta = 0.0005$ (MINORE DI SCIVOLAMENTO)

DRAG ATTRITO AERODINAMICO **$FD = \frac{1}{2} \rho CD A V^2$**

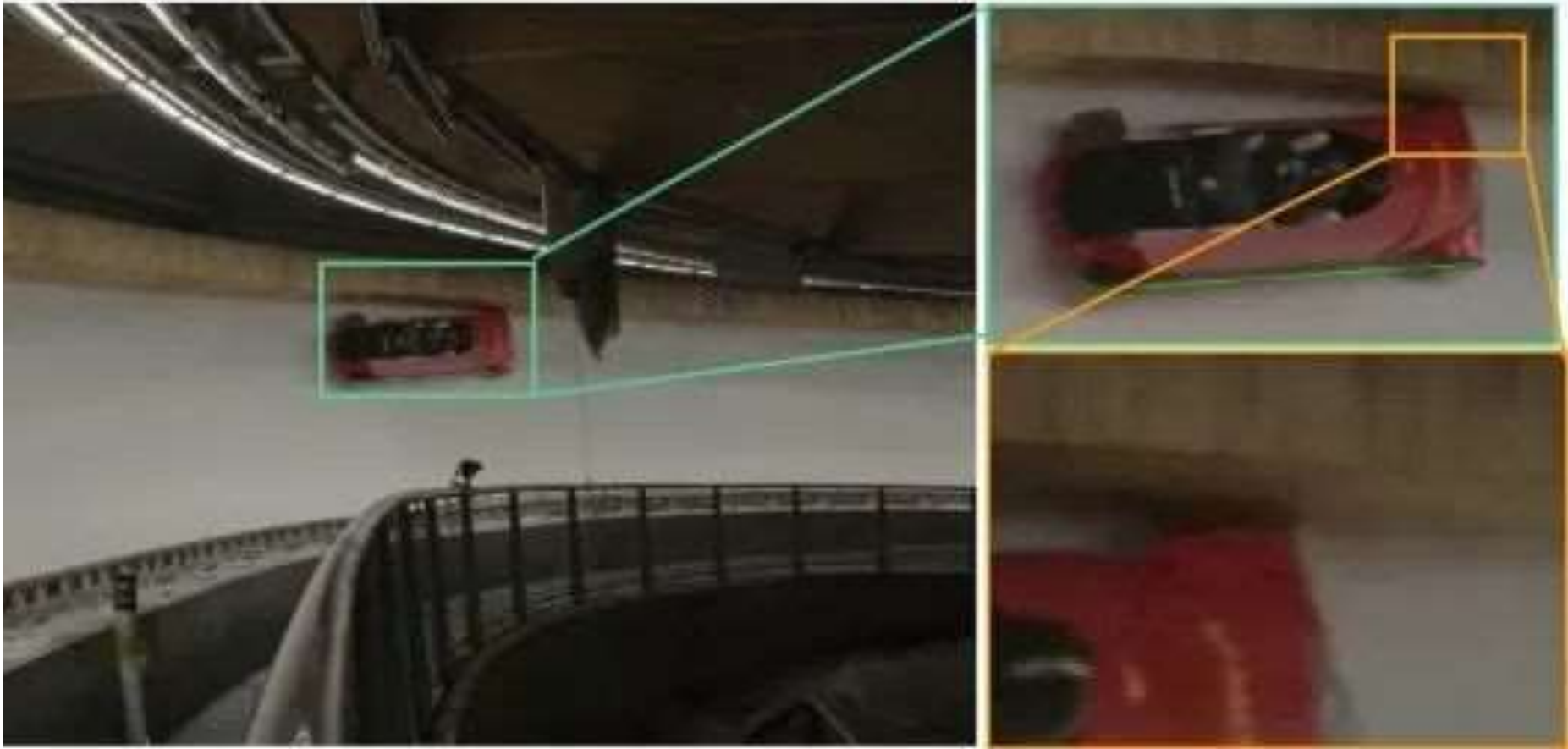
P DENSITA' DELL' ARIA DIPENDENTE DALLA QUOTA

CD COEFFICIENTE AERODINAMICO (CX)

A SUPERFICIE FRONTALE DI RIFERIMENTO

V VELOCITA' DEL MEZZO

DIPV MISURE CON VIDEOCAMERA



DIPV, VIDEO TECNICHE COMPOSTE DI MISURA DELLA POSIZIONE E DELLA VELOCITA'

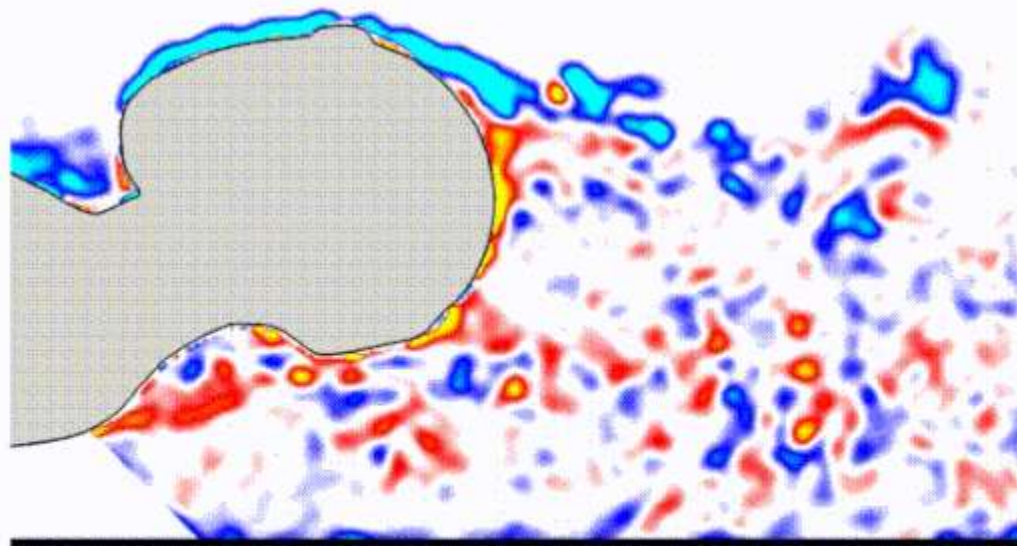
AERODYNAMICS, PROF. BOHL, CLARKSON UNI



LASERLIGHT WIND TUNNEL WEI, NORTHWESTERN UNIV.



DPIV VIDEO MEASUREMENT BEHIND THE HELMET, AIR TURBOLENCE



SKELETON, PARTENZA NATHAM CRUMPTON, YANQING





ENSO EISKANAL ALTENBERG SAXONY

CENTRO DI PROVA ESTIVI CON
MOTO DI ROTOLAMENTO

SPINTA ALLA PARTENZA COME
RIFERIMENTO
FONDAMENTALE DEI TEMPI DI
PERCORRENZA



SIMULATORI FERRARI, BMW
BOBSLED SKELETON, LUGE

eSports?

MEDICINA-INGEGNERIA

